



## Celebrate Ford's 154th Birthday At Winter Estates



**The Henry Ford winter estate home was nicknamed The Mangoes for the many mango trees on the property**

**J**oin the Edison & Ford Winter Estates in celebrating Henry Ford's 154th birthday on Sunday, July 30. The day will start off with free birthday cake served at 10 a.m. on the museum west porch. Special behind-the-scenes

tours of Ford's winter estate home will be offered from 10:30 to 11:30 a.m. Living history character, Henry Ford, will be available for photo opportunities.

James Moss, the Edison Ford's

photo provided  
continued on page 19

## Summer Singer Songwriter Competition

**S**ee some of Southwest Florida's finest folk musicians at the Summer Singer Songwriter Competition on Friday, August 25 at the Sidney & Berne Davis Art Center (SBDAC). Doors open at 7:30 p.m. and performances begin at 8 p.m.

Singer-songwriters enter to win a performance spot at Island Hopper Songwriter Fest and recording time at the new Six Fingers Studios at SBDAC.

Competitors are invited to enter an original song and are hand-selected to perform on August 25 during the live competition. The grand prize winner will be selected by a panel of celebrity judges, including singer-songwriter Wendy Webb, to win a performance spot at the Island Hopper Songwriter Fest and 12 hours of recording time at Six Fingers Studios. The People's Choice winner will be selected by the audience to win eight hours of recording time from Six Fingers Studios. The entry deadline is August 12. For more details, visit [www.sbdac.com/event/singer-songwriter-competition](http://www.sbdac.com/event/singer-songwriter-competition).

Each year, Island Hopper Songwriter Fest features local and national folk performers performing in various intimate venues like Pierside Grill and Famous Blowfish



**Wendy Webb**

photo provided

Bar, Twisted Vine Bistro and South Seas Island Resort. Island Hopper is produced by The Beaches of Fort Myers & Sanibel, BMI, Cat Country 107.1, iHeart Media and others. For more information, visit [www.island-hopper.fortmyers-sanibel.com](http://www.island-hopper.fortmyers-sanibel.com).

Tickets to attend the Summer Singer Songwriter Competition are \$5. The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. Visit [www.sbdac.com](http://www.sbdac.com) to sign up and to purchase tickets.✴



**Lynn Hall Park**

photo provided

## County To Offer Free Parking And Pool Fees

**I**n recognition of National Parks & Recreation Month, Lee County Parks & Recreation will offer free pool admission and free parking on Saturday, July 29 and Sunday, July 30.

Lee County Commissioners signed a resolution designating July as National

Parks & Recreation Month in Lee County on June 20. This year's national theme is Get Your Play On (#PlayOnJuly). The City of Cape Coral also is participating by waiving fees at its five boat ramps, including the Cape Coral Yacht Club boat ramp, Horton Park, Rosen Park, Burnt Store and BMX boat ramp.

Lee County Parks & Recreation sites offering free swimming or free parking include:

- Regional parks: Lakes Regional Park, Manatee Park, Hickey Creek Mitigation

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## Reggae Rhythms Fill The Air During Summer Concert Series

**F**eel the rhythm of dance hall grooves with the Ries Brothers and the Freecoasters during the Sounds of Summer concert series at the Sidney & Berne Davis Art Center on Friday, July 28.

Hailing from Clearwater, The Ries Brothers bring their unique blend of folk, soul and reggae to downtown Fort Myers. Last summer, they performed during a headlining tour, highlighted by a performance at The House that Les Paul Built, the legendary Iridium in New York City. The Ries Brothers have also opened for the Allman Brothers, David Cook, Daughtry, Los Lonely Boys, REO Speedwagon, Little River Band, the Edgar Winter Band and The Family Stone, among others. Learn more about them at [www.riesbrothers.com/](http://www.riesbrothers.com/).

The Freecoasters are a reggae band from Southwest Florida. Their unique blend of reggae, soul and ska have made them a fixture at local venues. The Freecoasters will embark on their first U.S. tour later this summer. Their 2016 album, *Show Up*,

continued on page 16



**The Ries Brothers**

photo provided



Historic Downtown Fort Myers, Then And Now:

# Not Always A Bank



by Gerri Reaves, PhD

The Lee County Bank Building at Main and Hendry didn't always have that stately caddy-cornered entrance. Before it was remodeled and opened as a bank during the 1920s, it was fairly nondescript.

James A. "Pineapple Jim" Hendry built the two-story building on the northwest corner in 1914, the second commercial one he had built on the spot. The first, a heart-pine structure, was destroyed in November 1914 when a fire swept the area, taking eight buildings and 11 businesses.

Hendry quickly rebuilt, this time with brick. In the mid-19-teens, businesses located there included a grocery and confectioner, a tailor and a jeweler.

Circa 1917, the post office moved into the main corner space after its 10-year lease in the Bradford Building ended. It would remain there until 1925.

Meanwhile, on February 2, 1920, just north on Hendry at the entrance to Tonnelier Court (soon to be renamed Patio de Leon), the Lee County Bank & Trust Company had opened. (This bank should not be confused with the Lee County Bank that organized in 1907 and in January 1908 changed its name to the First National Bank of Fort Myers.)

One of the more interesting details about the occasion is that it was newsworthy to report that several women were among the many new depositors.

The new bank's name soon expanded to Lee County Bank, Title, & Trust Company.

As for Hendry's prime corner, after the post office vacated it and moved to the new Post Office Arcade (aka Collier Arcade) on Broadway, offices and stores moved in.

In 1926, however, the red-brick building underwent major alterations in preparation for the bank moving in. It was stuccoed and significant changes were made to the façade, such as the Neo-classical Revival entryway framed by columns and topped with a clock.

The bank opened on the corner in 1927 and the look of the building has remained



Lee County Bank, pictured in the 1950s, moved into this building at Hendry and Main in 1927 and remained until 1965. Note the sign featuring Confederate Gen. Robert E. Lee on his famed horse, Traveller. In a flourish of artistic license, the postcard manufacturer erased the other buildings on Hendry Street.

photo courtesy Florida State Archives



The distinctive sign is gone, but the exterior looks much the same. Antiques and collectibles are sold there now.

photos by Gerri Reaves

basically the same ever since.

Like virtually every bank in the nation during the Great Depression, the bank suffered. In July 1932, it closed its doors, reopening two months later. It reorganized as Lee County Bank following the national banking moratorium of March 1933.

As evident in the 1950s postcard image, a sign of Confederate Gen. Robert E. Lee on his famed horse, Traveller, was later installed.

A general modernization in 1951 enlarged the bank by adding adjoining storefronts. The open house attracted about 5,000 people.

Another notable addition in 1951 is not visible in the photo: a brightly colored tile mosaic of Gen. Lee and his horse by local artist Trenkamp. The artwork is still located in a recess facing Hendry Street.

Three other remodels occurred before the bank moved to Monroe Street in 1965.

Walk down to Main and Hendry and check out the imposing Lee County Bank Building. Don't forget to look for Gen. Lee and Traveller, who are immortalized in tiles.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

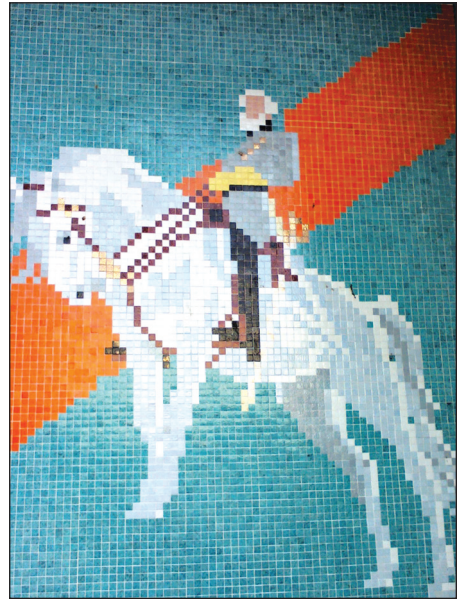
It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit [www.swflhistoricalsociety.org](http://www.swflhistoricalsociety.org) for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit [www.leecountyblackhistorysociety.org](http://www.leecountyblackhistorysociety.org).

Sources: Archives of the Southwest Florida Historical Society, the *Fort Myers Press*, *Historic Fort Myers* by Prudy Taylor Board and Esther B. Colcord, and *The Story of Fort Myers* by Karl H. Grismer.✱



This mosaic of Gen. Lee and Traveller by an artist named Trenkamp was installed in 1951

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## Law Enforcement Demonstrations Teach Summer Campers



Officer William Schulte of the City of Fort Myers Police Department talks to campers about the canine unit photos provided

Campers at the Edison & Ford Winter Estates Forensic Science Summer Camp learned about bomb detection and fingerprinting from local law enforcement. They also met Officer Schulte from the City of Fort Myers Police Department Canine Unit and his dog, Zeus.

A popular choice for several years, the camp teaches students about what police do at a crime scene, crime detection techniques and tips on problem solving. The law enforcement demonstrations build on what the students learn during the camp.

The Forensic Science three-day camp has been very popular and fills up quickly each year. Other camp options offered at Edison Ford teach students about film making, robots, video game development, electrical engineering, physics, chemistry and art.

Camps are for students in first through sixth grades. Students in seventh through 12th grade are able to get experience as a camp counselor.

A few openings remain in the Smarts for the Arts camp that runs August 7 through 9. To register, visit [www.EdisonFordWinterEstates.org](http://www.EdisonFordWinterEstates.org) or call 334-7419.\*



Officer Schulte shows campers his dog partner, Zeus



Support Dress For Success SW Florida at a Pop Up Shop event on Saturday, July 29

photo courtesy [www.dfsswflorida.org](http://www.dfsswflorida.org)

## Shopping Spree To Benefit Dress For Success

Women in Southwest Florida are invited to shop and support Dress for Success SW Florida at a special Pop Up Shop event on Saturday, July 29 from 8 a.m. to 3 p.m. The event is free to attend. Cost for all items will be \$5.

A large selection of women's clothing in sizes 8 to 26 will be available at the Pop Up Shop. In addition to clothing, other items available for sale will

include jewelry, handbags, shoes and accessories. Shoppers who bring their own shopping bag will receive a \$10 credit towards their purchase. This offer is limited to one credit per person.

The Pop Up Shop is a fundraiser to benefit Dress for Success SW Florida, which helps women to achieve economic independence by providing a network of support, professional attire, and the development tools to help women thrive in work and in life.

Dress for Success SW Florida is located at 12995 South Cleveland Avenue Suite 153 in Fort Myers. For more information, contact Nickole Hendra at 689-4992 or visit [www.dfsswflorida.org](http://www.dfsswflorida.org).\*

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Cheesemaker Caroline Hostettler speaks to a customer at the GreenMarket photo provided

## Learn How To Make Cheese At The GreenMarket

The Alliance for the Arts GreenMarket will continue free backyard farming workshops with An Introduction to Cheesemaking presented by GreenMarket vendor Caroline Hostettler on Saturday, July 22 at 10:30 am.

Hostettler's specialty is connecting high end restaurants and distributors to artisanal cheesemakers worldwide. Her presentation will cover the basics of

cheesemaking, focusing on easy recipes that can be attempted in the home kitchen.

This workshop is part of a series that is held every Saturday morning in July on the Alliance's 10091 McGregor Boulevard campus. This year's workshop series is titled "When the Shelves Go Bare" and deals with increased concerns about a potential future food shortage. Although workshops are free, small donations are welcomed, as the Alliance for the Arts GreenMarket strives to support local growers, bakers and artisans. A Q&A session will follow the presentation.

For more information, call 239-939-2787 or visit [www.ArtInLee.org](http://www.ArtInLee.org).✱

## Back-To-School Family Festival Is Next Sunday

The Multicultural Centre of Southwest Florida invites the Lee County community to the 18th annual Big Backpack Event on Sunday, July 30 from 10 a.m. to 2 p.m. at Paul Laurence Dunbar Middle School. This fun-filled, day-long family event will provide the first 2,000 children between ages 5 and 12 with free backpacks and school supplies while celebrating diversity in the community.

Multicultural Centre of Southwest Florida Executive Director Leonardo Garcia said, "Anyone needing a shot of community pride should join us for the Big Backpack Event. It's a joyful, uplifting occasion we look forward to all year. Celebrating our diversity has become a unifying theme while we equip kids with the resources they need to begin a new year of learning and growing."

Face painting, live entertainment and a giant inflatable slide are all part of the excitement at the largest back-to-school outreach program in Lee County. Thanks to the generous support of sponsors and vendors, students may also receive eye exams, haircuts and other giveaways while supplies last. Children must be present with a parent or guardian to receive free supplies. The line typically begins to form as early as 7 a.m. but moves quickly once the doors open.

In advance of the Big Backpack Event, community members are invited to participate in the Adopt-A-Student fundraiser. Each \$10 donation provides a student with a new backpack and school supplies that include notebook paper, folders, crayons, glue, pencils and pens.

This year's sponsors include Title Sponsor Neal Communities, WINK TV, CONRIC PR & Marketing, News-Press Media Group, Estrella TV, Rumbera



Children at the 2016 Big Backpack Event photo provided

97.3/97.5, 97.7 Latino, MedExpress, Lee Family News, Jason's Deli, Fuller Online Solutions, Hispanic American Business Alliance, City of Fort Myers and School District of Lee County.

For the past 17 years, the Multicultural Centre of Southwest Florida has been hosting this popular community outreach event that to date has provided new backpacks and school supplies to more than 30,000 students. The event lends a helping hand to students and families in need, while celebrating the diversity in Southwest Florida with live multicultural entertainment on the main stage including hip hop, Irish step dance and salsa.

Paul Laurence Dunbar Middle School is located at 4750 Winkler Avenue in Fort Myers. For more information on Adopt-A-Student, vendor, volunteer or business sponsorship opportunities, visit [www.multicultural-centre.org](http://www.multicultural-centre.org) or email [info@multicultural-centre.org](mailto:info@multicultural-centre.org).✱

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## Call For Artists

The Art League of Fort Myers is seeking paintings for its Humid Daze exhibit. Artists can submit entries on Saturday, July 29 from 1 to 3 p.m. The exhibition reception and people's choice ribbon announcement will be on Friday, August 4 from 6 to 7:30 p.m.

A maximum of four entries will be accepted. The non-refundable entrance fee is \$30. Commission is 25 percent on all sales at the gallery or sales that result from gallery exposure.

For more information or exhibition entry requirements, visit [www.artleagueoffortmyers.org](http://www.artleagueoffortmyers.org) and click on "information" and "call for artists."✱

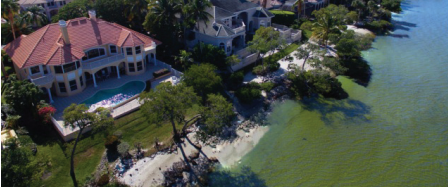
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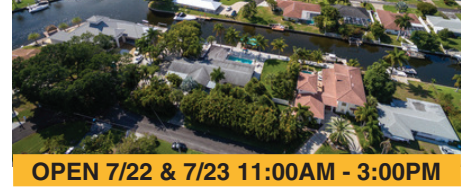
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## Fort Myers Art:

# St. Petersburg Sculpture: A New Public Artwork



by Tom Hall

It's not often that you get to talk about the Fibonacci Sequence. OK, I've never gotten to talk about the Fibonacci Sequence before. It's not something from *The Big Bang Theory* or *Hidden*

*Figures*. Instead, it's a mathematical formula that lies at the heart of a new public artwork by MGA Sculpture Studio in St. Petersburg, Florida called *Budding Vortex*.

"*Budding Vortex* is a sculpture that continues a personal exploration of the inherent patterns in nature," stated an official from MGA. "It is inspired by the systems for growth and reproduction. The Egyptians and Greeks noticed these patterns many years ago and based their system of architecture on these proportions. The Greeks referred to this proportional relationship as the 'Golden Means'."

The Fibonacci Sequence is part of this process. It's a series of numbers that is created by starting with 0 and adding 1 then adding the sum of those two numbers so that each number equals the sum of the 2 numbers before it. For example, the sequence starts as follows: 0, 1, 1, 2, 3, 5, 8, 13, etc.

"The numbers in this sequence have particular significance in terms of natural growth patterns such as spirals and vortices on both the micro and macro levels in our world and the galaxy beyond," Mark Aeling of MGA expounded. "The shape for *Budding Vortex* is based on a flower bud of five pedals. This bud unfolds revealing the vortex of creation. By bringing to light, these processes, through sculptural investigation, I hope to share some small insight into the universal truths of our existence."

*Budding Vortex* is a site-specific sculpture commissioned by Crescent Development Group in Tampa, Florida.



Sculptor Mark Aeling working in his studio  
photos by Jorge Alvarez

It stands 24 feet high by 4 feet wide and 4 feet deep.

MGA Sculpture Studio is owned and operated by internationally known sculptor Mark Aeling, who received his master of fine arts degree in sculpture from Washington University in St. Louis, Missouri in 1993. He remained in St. Louis working as a professional sculptor for 18 years. In 2005, Aeling relocated MGA to St. Petersburg.

## Call For Artists From Naples Art Association

The Naples Art Association has issued a call for artists for its Your Choice 2017 members exhibition that will open on August 11. Standard registration opened on July 14. A prospectus with forms is available at the Naples Art Association or online at [www.naplesart.org/call-for-artists/](http://www.naplesart.org/call-for-artists/).

Your Choice is the Naples Art Association's annual non-juried exhibition. It provides an opportunity for Naples Art Association contributors to present their artwork to a large audience with no jury process requirement. The exhibition is called Your Choice because



The finished product in St. Petersburg, Florida

artists and viewers make the choices. Artists decide which artwork they will exhibit while viewers attending the reception decide who will receive the awards. There are five awards with a total cash value of \$1,000. Everyone attending the August 11 reception may cast one vote for a favorite artist. Voting is overseen by the Collier County Supervisor of Elections Office, which will set up a precinct in Studio 104. The award winners will be announced on the Naples Art Association's Facebook page.

The exhibition will be on view through September 29 in all the ground floor galleries of the Naples Art Association. For more information, call 262-6517 or visit [www.NaplesArt.org](http://www.NaplesArt.org).

## Photography Exhibition Coming To Alliance In October

Among artistic mediums, photography is a relatively recent arrival. Though invented in the mid-19th century, it wasn't elevated to an art form until the 20th century. Drawing attention to this new artistic discipline, the Alliance's upcoming exhibition, *Your Best Shot*, is dedicated to photographers and photography. August 26 is the deadline for entries. The show opens on October 6.

Steve Chase will judge the exhibition. Chase has taught Fine Art Photography at Florida SouthWestern State College since 2008. He holds degrees in both fine art photography and motion pictures. Prior to teaching at FSW, Chase was one of the founding faculty members of the Undergraduate Program of the School of Motion Pictures Arts at Florida State University, where he served as a full-time faculty member from 1990 to 2004.

In 1997, Chase won Florida State University's highly coveted TIP award for excellence in college teaching. In 2002, he was nominated for a university teaching award and in 2004, he was recognized for his distinguished contribution to the success of the film school.

Chase is a recipient of a Florida Individual Artist Fellowship – 1992 – Division of Cultural Affairs, State of Florida. His photography has been exhibited throughout the state and nationally. His films have been screened at festivals nationally and internationally.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✱

## Theater Grant Aids Impairment

The Alliance for the Arts received a grant from the Southwest Florida Community Foundation to provide improved theater accessibility for persons with visual or hearing impairment. This project includes wheelchair accessibility, amplified audio and audio described performances.

"Our senses of hearing and sight connect us to people, the arts, music, theater and our environment," said Director of Operations and Education Brandi Couse. "It is at the heart of the Alliance for the Arts' mission to do what we can to make art accessible to all, no matter what the need."

The Alliance for the Arts theatre is fully wheelchair accessible. Accessible seats are available for each performance. Inform the box office at the time of purchase about any special needs.

The Alliance will offer patrons amplified audio devices for every production. Call to reserve assisted listening devices. Devices are available on a first come, first serve basis.

For theatregoers who are blind, or have moderate to severe vision loss, the Alliance will provide a specially trained describer who verbalizes what's happening on stage during pauses in dialogue. The describer uses a headset microphone, while individuals using the service listen through a receiver with a single earpiece. Reservation of headsets is required prior to the show.

If you love the theatre, have a pleasant speaking voice, and want to contribute to this project and have some time to volunteer as an audio describer, contact Brandi Couse at [bcouse@artinlee.org](mailto:bcouse@artinlee.org) or 939-2787.

The project is coordinated in partnership with the Southwest Florida Council of the Blind.

To learn more, call 939-2787 or visit [www.ArtInLee.org/Access](http://www.ArtInLee.org/Access).✱

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# Anonymous Donor Funds Visits To ‘Ding’ Darling



The group of children from the Guadalupe Center in Immokalee by Jeff Lysiak

photos by Jeff Lysiak

Thanks to a grant provided by an anonymous donor, several groups of children from under-served local communities will be able to visit the JN “Ding” Darling National Wildlife Refuge on Sanibel this summer to enjoy fun and educational experiences with nature.

On July 10, about 40 students, staff and chaperones from the Guadalupe Center in Immokalee were treated to a tour of the refuge by Sara Hallas, a Summer Teachers Assisting Refuges (STAR) teacher assigned to the refuge for two months. Hallas noted that she is eager to help with summer family programs and other environmental education activities.

“Thanks to some grant money, we’re able to provide transportation for some underprivileged kids in our area,” said Hallas, an environmental science teacher for the Lee County School District. “I’m excited to see how the kids are going to react to seeing some wildlife, up close and personal.”

After the group arrived on Sanibel shortly after 10 a.m., they visited the Visitor and Education Center, where they watched a short introductory video about the history of the refuge and what birds, mammals and reptiles they



A yellow-crowned night heron roosting in the mangroves

might encounter during their excursion along Wildlife Drive.

The group’s first experience seeing nature in action at the refuge came when Lisa Hutchins, a Dunbar High School student working this summer with the federally-funded Youth

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## Along The River

**G**olisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will offer a **free autism spectrum disorder screening** on Friday, July 21 from 9:30 a.m. to 2 p.m. on the Ronald McDonald Care Mobile at the **Imaginarium**, located at 2000 Cranford Avenue in Fort Myers.

The free monthly autism spectrum disorder screenings are for toddlers age 18 months up to 5 years.

A physician referral is not required. To schedule a screening, call 343-6838

The downtown **Fort Myers River District** will again be the scene for **Music Walk** this Friday, July 21. Restaurants, bars, art galleries and shops will showcase a wide range of music during the evening from 6 to 10 p.m. Expect live jazz and blues to rock, drums and much more. Each month brings new energy to the historic streets of downtown Fort Myers.

The River District comes alive every month with live music on the third Friday with Music Walk, featuring more than a dozen participating venues with music by local and regional talent.

Organized by the River District Alliance, Music Walk was conceived as a sister event to the extremely popular first Friday Art Walk, which brings out more than 2,000 people during off-peak months. Event sponsors include the River District Alliance, Lee County Visitor & Convention Bureau,



Downtown Fort Myers will host its monthly car cruise-in on Saturday

photo courtesy [www.myriverdistrict.com](http://www.myriverdistrict.com)

Edison National Bank, River District, Fort Myers Community Redevelopment Agency and the City of Fort Myers.

To learn more, visit [www.fortmyersriverdistrictalliance.com](http://www.fortmyersriverdistrictalliance.com).

History buffs can take a step back in local history at the **Southwest Florida**

**Historical Society's luncheon** at the **Broadway Palm Dinner Theatre** this Saturday, July 22 from 11 a.m. to 1:30 p.m.

Award-winning author, columnist and local historian Amy Bennett Williams will be the guest speaker. A Chinese auction and a silent auction featuring prizes with tropical themes will also add to the day's event.

For more information and to purchase tickets, call 939-4044 or 464-9925. You can also visit the society's research center on the grounds of the Alliance of the Arts at 1009 Colonial Boulevard in Fort Myers from 9 a.m. to noon and 4 to 7 p.m. on Wednesdays and from 9 a.m. to noon on Saturdays.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers.

The **Fort Myers River District** will have a **Downtown Car Cruise-In** this Saturday, July 22 from 4 to 8 p.m.

The cruise-in will feature classic to cool cars lining the downtown streets. The show cars will be on display on the fourth Saturday of each month. There will be music, food, drinks and more. The event is free to the public.

The 3rd annual **Laughter Is the Best Medicine Comedy Night** to benefit SalusCare will take place this Saturday, July 22 from 8 to 10 p.m. at the **Sidney & Berne Davis Art Center**.

Tickets for the \$125 general admission part of the show are being offered at a buy one, get one price level. For \$125, two people can view the show at the art center. The ticket also includes beer/wine and dessert.

Laughter Is the Best Medicine Comedy Night features seven local celebrities performing a five minute stand-up routine for event attendees who will "vote" for the best comedic

performance with their dollars. Exchanging laughs for votes are Chris Hansen, Lee Health board member and Park Royal Hospital business development director; Dayna Harpster, WGCU *Expressions* editor; Mike Jung, *News-Press* president and publisher; Frank Mann, Lee County commissioner; Cole Peacock, RC Peacock Consulting managing director; and Will Prather, Broadway Palm Dinner Theatre owner.

Nationally recognized comedian Michael Palascak of NBC's *Last Comic Standing* will serve as emcee for the evening as well as perform his stand-up comedy routine. Fellow professional comedian Pat McCann will round out the evening by performing his grand finale while the votes are being counted.

If interested, there are still VIP tickets available at \$175 each. These tickets include a 7 p.m. reception with the comedians, heavy hors d'oeuvres, beer/wine and show.

Tickets are available online at [www.saluscarecomedyevent.org](http://www.saluscarecomedyevent.org)

For more information about sponsorships and Laughter Is the Best Medicine Comedy Night, contact Todd Cordisco at 791-1575 or [tcordisco@saluscareflorida.org](mailto:tcordisco@saluscareflorida.org).

Edison & Ford Winter Estates will host an Ask the Curator event this Wednesday, July 26 at 11:30 a.m. The question posed for this week is "What was the Ford Model 15-P?"

Join Automotive Curator James Moss and Aviation Historian Tim Neill for a lively discussion on one of Ford's most secretive projects.

Ask the Curator talks are included with Edison Ford admission, and free to Edison Ford members.

Visit [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org) for more information.

The final Love That Dress!9 collection event of the season, the **River District Collection Event**, will be held this Thursday, July 20 at the **Goodwill Boutique on First** from 5:30 to 7 p.m. An after party will follow at Red Door Photography's studio from 7 to 9 p.m.

The evening will begin with a Sip & Shop at the Goodwill Boutique on First, including complimentary drinks and appetizers, raffle prizes from River District merchants and fashion finds that only the Boutique on First can offer. Afterward, guests are invited to continue the fun at Red Door Photography's studio with auction and raffle prizes, event photo booth and complimentary refreshments provided by the River District's purveyors. The grand raffle prize – a fully stocked 36-bottle Danby Wine Cooler – will be drawn at Red Door Photography. Tickets are \$10 and the winner doesn't need to be present to win.

Admission to the event is \$15 per person, or \$10 per person with the donation of new or "gently loved" dresses, shoes, accessories and/or handbags. For details and to purchase tickets, visit [www.lovethatdress.org](http://www.lovethatdress.org) or text "LTDPAEvents" to 71777 from any mobile device.

Also available are raffle tickets

continued on page 18



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Dede D'Arcy was the top fundraiser for 2015 and 2016

photo provided

## Fundraiser Goes Over The Edge

The Heights Foundation is hosting an Over The Edge kickoff happy hour at Bahama Breeze Island Grille on Thursday, July 27 from 5:30 to 7 p.m. Guests will enjoy a complimentary cocktail, appetizers, have opportunities to win prizes and learn how they can go Over The Edge of the 19-story Westin Cape Coral Resort at Marina Village to benefit The Heights Foundation.

The Over The Edge fundraiser

will take place Saturday and Sunday, October 21 and 22. Participants are asked to raise a minimum of \$1,200 to support The Heights Center's School Success program for at-risk children in the Harlem Heights neighborhood.

Bahama Breeze Island Grille is located at 14701 South Tamiami Trail in Fort Myers. The event is free, but reservations are requested by Monday, July 24. Call Karen at 482-7706 or email Karen@heightsfoundation.org

To learn more about Over The Edge for The Heights Foundation, visit [www.heights-overtheedge.com](http://www.heights-overtheedge.com).✱

## New Event Hours For SoCo Second Saturday

Officials of the SoCo Cultural District recently announced that the monthly SoCo Second Saturday Art Crawl will now begin at 6 p.m. – instead of 5 p.m. The next artful night, which runs until 10 p.m., will be held Saturday, August 12.

The monthly SoCo event began last October, gaining a great deal of popularity amongst local art patrons and enthusiasts. A redesigned map, which includes all of the night's attractions and the details on how to win a prize by one of the participating SoCo stops, is available in print at each location. On Saturday, attending guests will another chance to win just by collecting golden tickets from each stop. The contest winner is announced one week after the event via social media and direct email contact.

The August participating SoCo cultural venues include Alliance for the Arts; DAAS CO-OP Art Gallery & Gifts; Ocasiocasa; The Union Artist Studios and Crafted; Catch 22; A Swedish Affair; Broadway Palm Dinner Theatre; Suzanne's Dance Fitness; Studio Os Urbanos; and City of Palms Studio.

Additionally, vendors set-up at various locations in the Royal Palms Square, offering their handmade and

fine-crafts during the event. Musical performances at the Royal Palm Square are also scheduled for the night.

SoCo Second Saturday is a rain or shine monthly event. The SoCo Cultural District location encompasses the block south of Colonial Boulevard, from the corner of McGregor Boulevard to Summerlin Road, to Royal Palm Square Boulevard and back to McGregor Boulevard. For more information, visit [www.socoswfl.com](http://www.socoswfl.com).✱

## Church Concert

Peace Lutheran Church will present the annual Last Sunday in July Concert on Sunday, July 30 at 3 p.m. A reception will follow in new Good Samaritan Hall.

In celebration of Reformation 500 this year, there will be a Hymn Festival featuring hymns of and from the Reformation. Join with pastors, teachers, musicians and friends on the journey of learning about and singing hymns and songs of the Reformation. Listen and learn as the story is told on lessons that are learned from hymns. Then join in singing that hymn or listening as musicians present the music to you, for you and with you. Bring a friend or three. Introduce history and deeper meanings behind the "tunes" of the Lutheran Church. There is no charge for this event

Peace Lutheran Church is located at 15840 McGregor Boulevard in Fort Myers.✱

## Churches/Temples

### ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, [allfaiths-uc.org](http://allfaiths-uc.org), 226-0900.

### ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

### ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, [annunciation.fl.goarch.org](http://annunciation.fl.goarch.org), 481-2099.

### BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

### BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, [www.simplysimpleworship.com](http://www.simplysimpleworship.com), 437-8835.

### BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

### CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, [chabadswf.org](http://chabadswf.org), 433-7708.

### CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, [revtedalthouse@aol.com](mailto:revtedalthouse@aol.com), 850-3943.

### CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

### CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, [taecc.com](http://taecc.com), 334-4978.

### COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

### CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

### CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, [www.clpc.us](http://www.clpc.us), 481-3233.

### CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

### FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

### FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

### FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m. 2390 West First Street, [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com).

### FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

### FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, [www.fumcfmyers.org](http://www.fumcfmyers.org), 332-1152.

### FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

### FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

### IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

### JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

### KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

### LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, [lambogodchurch.net](http://lambogodchurch.net), 267-3525.

### NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, [nbcministry@embarqmail.com](mailto:nbcministry@embarqmail.com), [facebook.com/nbcministry](http://facebook.com/nbcministry), 656-0416.

### NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, [newcovenanteyes.com](http://newcovenanteyes.com), 220-8519.

### NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

### NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, [www.newhopefortmyers.org](http://www.newhopefortmyers.org), 274-1230.

### PEACE COMMUNITY

Sunday 10:30 a.m. [www.17671 Pine Ridge Road](http://www.17671PineRidgeRoad.com), [peacecommunitychurch.com](http://peacecommunitychurch.com), 267-7400.

### PEACE LUTHERAN

Sunday 9:30 a.m. 15840 McGregor Boulevard, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com), 437-2599.

### REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

### RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

### SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

### SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

### ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

### SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard,

344-0012.

### SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

### SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, [saintnicholasmonastery.org](http://saintnicholasmonastery.org), 997-2847.

### ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

### SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

### TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, [templebethel.com](http://templebethel.com), 433-0018.

### TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. [tjswfl.org](http://tjswfl.org), 14486 A&W Bulb Road, 433-0201.

### THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, [newchurchflorida.com](http://newchurchflorida.com), 481-5535.

### UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, [uucfm.org](http://uucfm.org), 561-2700.

### UNITY OF FORT MYERS

Sunday 9:15 and 11 a.m. 11120 Ranchette Road, [unityoffortmyers.org](http://unityoffortmyers.org), 278-1511.

### WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

### WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

### ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, [zionfm.org](http://zionfm.org), 481-4040.✱



# CROW Releases Young Bald Eagle In Cape Coral

by Jeff Lysiak

Following more than three months of treatment, recovery and rehabilitation at the Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel, a young American bald eagle was successfully released back into the wild on July 7.

According to officials at CROW, the fledgling bald eagle was admitted on March 30 from Cape Coral. The eagle had suffered a fractured humerus of its left wing. Due to the location of the fracture in proximity to the shoulder joint, surgery was not an option.

"Because there was not a lot of displacement with the two ends of the bone, we decided to go with conservative management and just do bandaging because the fracture was so close to the shoulder joint, it would have made it very difficult to repair surgically," said Dr. Heather Barron, CROW's hospital director.

On April 3, the eagle's wing was immobilized using a wrap. Once the fracture began to heal, the eagle received physical therapy under general anesthesia to build muscle and increase range of motion in the injured wing. It was later moved to the large flight enclosure to continue physical therapy



The Clinic for the Rehabilitation of Wildlife released a fledgling bald eagle in Cape Coral on July 7 photo by Brian Bohlman

on its own and practice flying. CROW reported that the eagle began flying with "short hopping flights" on May 23.

On June 2, the eagle was given live prey in its flight enclosure. "(Patient) #17-805 showed immediate interest in the food, however, was not observed having caught any of the prey," a report stated.

Within two weeks, significant progress had been made with the patient's recovery.

"The young bald eagle was observed by the veterinarians taking longer, more controlled flights," CROW officials posted on June 15. "Although it still has to master flying, veterinarians say its prognosis for release looks good. The

eagle can often be observed on our live camera perching in an area that can only be reached through flight."

By the first week in July, veterinarians had cleared the eagle for release. The fledgling was taken back to Cape Coral in the location where it had been initially found, and released on the afternoon of July 7.✱

## Candidate Forum At The Alliance

The Alliance for the Arts and The League of Women Voters of Lee County invite the public to participate in a candidate forum for individuals running for City of Fort Myers Ward 5. The forum will be held on Sunday, August 13 from 4 to 5 p.m. at the Alliance for the Arts, located at 10091 McGregor Boulevard in Fort Myers.

The forum will be conducted according to the guidelines of the League of Women Voters of Lee County who will also moderate, time and screen questions from the audience. The format will include a three minute opening statement by each candidate, one minute to answer each question by each candidate and a two minute closing statement. Any time remaining will be an opportunity for the candidates to meet with the attendees.

Attendees do not need to RSVP.

For more information, call 939-2787 or visit [www.ArtInLee.org/Ward5](http://www.ArtInLee.org/Ward5).✱

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## Hot Enough?



by Capt.  
Matt Mitchell

**M**idday summer heat shuts everything down. Both anglers and fish become slow moving and lethargic. Early morning, late afternoon or even

night fishing is a great option as the midday summer heat is just oppressive. At first light, shallow water fish are most active, then gradually slow down as water temperatures creep into the 90s by midday.

As always this time of year, huge schools of white bait – including a mix of small shiners, small threadfin herring and Spanish sardines – have shown up inside the passes. This small bait is easy to locate and catch; just look for feeding pelicans. It makes not only great live chum but, when rigged up on light leader and light hooks, will catch just about everything that swims. I like to pick through this bait as I catch it, saving just the scaled sardines as the other stuff quickly dies off. With our water temperatures so warm, don't overcrowd your live well as everything will die off.

Deeper cooler water in the passes offered anglers the best opportunities during the day as this water stays just a little cooler. Gag grouper and mangrove snapper action has been non-stop in the deeper passes. For gag grouper, use

larger live baits with enough weight to fish straight up and down, giving you the best chance to pull one up from the structure. Mangrove snapper have great eyesight and require downsizing your gear: #2 hook, 15# leader, small split shot and small bait. Small shiners fished close to the bottom in the deepest sections of the passes caught limits of "mangs" in both Captiva and Boca Grande passes.

Deeper docks near these same passes with fast moving current also held lots of mangrove snapper. The problem on many of these docks is hungry, aggressive dolphins that will grab your hooked fish before you can get it to the boat. One favorite dock up by Captiva Pass became almost unfishable as a dolphin – which I would guess has been fed by people – made it just about impossible to land a mangrove snapper. After we lost a few fish to the dolphin, even though the bite was going off, we had to pick up and leave.

Many of our passes are still loaded up with lots of snook. During the outgoing tide, I ride the edges while looking from the tower until I spot these fish schooled up. Setting up and casting small free lined shiners to them brought the best snook action of the week, with clients catching fish after fish on small baits. The big bait snook bite has slowed during the midday hours, but these smaller snook still eat small shiners at just about any time of day.

Fishing the deeper grass flats from Redfish Pass to Captiva Pass continued to be some of the best open water mixed bag action. Small shiners and pinfish rigged four to five feet under a float while



An early morning snook caught mangrove fishing with Capt. Matt Mitchell photo provided

drifting in six to seven feet of water not only caught trout but small blacktip sharks and Spanish mackerel. Once you get the fish feeding, it's possible to sit in one place and catch fish after fish along with daily limits of trout ranging from 17 to 22 inches.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\**

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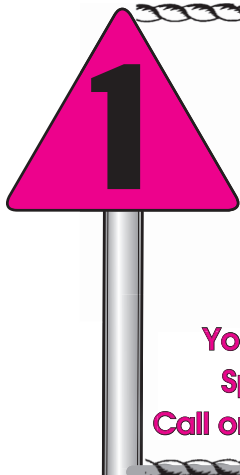
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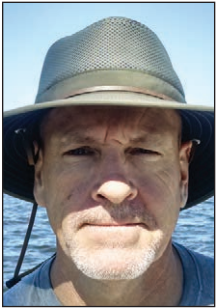


Dave Doane



## CROW Case Of The Week:

## Yellow-Crowned Night Heron



by Bob Petcher

The yellow-crowned night heron (*Nyctanassa violacea*) is one of two species of night herons found in North and South America. The other is the black-crowned night heron. Both differ greatly from the more visible blue heron.

Where the blue heron is a long-legged freshwater and coastal bird, the yellow-crowned night heron is more of a stocky wading bird that ranges from one foot tall to 2 ½ feet in height.

The yellow-crowned night heron is so named due to its pale yellow crown that extends from the bill to the back of its head with a striped passageway between the eyes. That stripe is surrounded by a black- and glossy-colored head and white cheeks for a unique color pattern. Its torso is a smooth gray-blue color, and its wings have a black-scaled pattern. The bird could also be called a yellow-legged night heron. That luminous color on its lower limbs actually turns a shade of red during courtship.

Like other herons, these night herons soar through the sky with long, slow purposeful wing beats. They are called night herons due to their largely nocturnal feeding habits related to this group of birds.

The yellow-crowned night heron chooses shallow water near its habitat, like coastal areas or marshes, swamps, lakes and mangroves. These living sites need to have bushes or trees nearby for nesting reasons.

Interestingly, a juvenile yellow-crowned night heron



Even with a bone deformity, patient #17-2472 can walk well enough to be released photo by Brian Bohlman

can take approximately three years to gain all the physical appearances of an adult. Prior to that, the young birds possess a brownish body, a grayish head and duller, neutral colors along its plumage. Although

night heron adults are easy to tell apart, the juvenile yellow-crowned night heron can look very similar to a juvenile black-crowned night heron. Yellow-crowned juveniles do tend to stand straighter and have heavier bills and longer legs, while their spots and streaks are finer than those of their cousins.

At CROW, a fledgling yellow-crowned night heron was admitted on July 7 from Cape Coral after it was noted to have a problem with its legs. Medical officials believed it could have been bitten by a dog. The patient was said to be "emaciated and had mild generalized weakness upon intake." After being stabilized, it was noted to have a slight valgus deformity of its lower left leg.

"A valgus deformity is when a long bone grows at an abnormal angle away from the body," said Dr. Julia Hill, CROW veterinary intern. "It can happen if there is a growth plate injury or poor nutrition when the bone is growing.

"Surgeries to correct valgus deformities have been performed on birds. However, in this heron's case, the deformity is not severe enough to warrant surgical intervention, which would entail a long, stressful hospitalization period," Dr. Hill said.

Dr. Hill stated that the patient had no flight issues and that the main concern involved proper mobility on its legs without excessive limping.

"At this point, we have watched the heron's gait (how it walks) closely, and have determined that it can walk well enough to be able to be released," she said. "The patient is doing well. It will probably have a slight limp for the rest of its life but has adapted well to the situation."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

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## Plant Smart

## Shortleaf Rosegentian

by Gerri Reaves

Native shortleaf rosegentian (*Sabatia brevifolia*) is one of about a dozen members of the gentian family that are widespread in Florida.

In the wild, it's found in wet pinelands and savannas, in bogs and along ponds, usually under tree canopies.

This wildflower is found in most of the state and blooms in all but the coolest months.

It has a host of common names, including white marsh-pink, white sabatia and narrowleaf sabatia, the latter inspired by the stalkless linear leaves that alternate on the stems. *Brevifolia* means short-leaved.

Another common name, Alva flower, has local relevance. Capt. Peter Nelson, a Danish sea captain who settled Alva in the 1880s, named the town for the flower that once flourished along the Caloosahatchee River.

The slender smooth branching stems grow two to three feet tall. Plentiful star-like white flowers bloom on individual stalks. They have five oval petals with yellow-green centers and measure about an inch and a half across.

In the home landscape, this wildflower is suited to a wildlife or butterfly garden with partial shade.

Shortleaf gentian is not salt tolerant.

Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, [www.fnps.org](http://www.fnps.org), [www.lee.ifas.ufl.edu](http://www.lee.ifas.ufl.edu), and [www.wildflower.org](http://www.wildflower.org).

Plant Smart explores the diverse flora of South Florida.✱



Native shortleaf rosegentian prefers a moist spot in partial shade photo by Gerri Reaves



Sara Hallas, a STAR teacher working at the JN "Ding" Darling National Wildlife Refuge this summer, points out a mangrove crab for youngsters visiting from the Guadalupe Center

photos by Jeff Lysiak

From page 7

## 'Ding' Darling

Conservation Corps program, steered the children's attention to a caterpillar that would eventually become a zebra longwing butterfly. The kids rushed around Hutchins, hoping to get a better view of the crawling critter.

Soon, every child had a smile on their face after witnessing the diminutive insect.

"I hope that they enjoy this experience as much as possible," added Hallas, who pointed out a yellow-crowned night heron roosting in the mangroves along with several mangrove crabs crawling across tree limbs within the Mangrove Outlook. Later, the group watched mullet jumping out of the water and saw oysters growing underneath a number of mangrove roots.

Following the Wildlife Drive bus tour, the group ate lunch before further exploring the Visitor and Education Center.

On Monday, July 24, a group of about 35 students from Nations Association Charities in Tice will tour the refuge.

To support the "Ding" Darling



Sara Hallas interacting with some of the visiting students

Wildlife Society and the refuge with a tax-deductible gift, visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org) or contact Birgie Miller at 292-0566, 472-1100 ext. 4 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).✱

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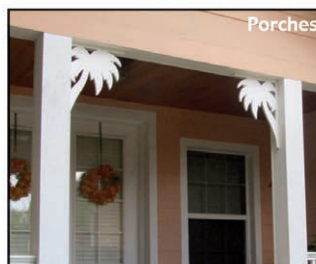
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## German Airline To Begin Flights To Fort Myers

The Lee County Port Authority recently announced that Eurowings will begin service to Fort Myers in May 2018. Eurowings will start twice weekly nonstop service from Southwest Florida International Airport (RSW) to Munich Airport (MUC) and a weekly flight to Cologne Bonn Airport (CGN) on May 1 and May 4, 2018, respectively. Flights will operate on an Airbus A330 with 310 seats.

"We are extremely pleased with the announcement that Eurowings will begin service to Fort Myers this May, offering Southwest Florida International Airport customers' nonstop service to Munich and Cologne/Bonn," said Jeff Mulder, A.A.E., executive director of the Lee County Port Authority. "These flights will strengthen the bridge between Germany and Southwest Florida. Travelers from Fort Myers will now be able to reach two extremely popular destinations in Germany more conveniently, as well as take advantage of connecting flights throughout Europe. We also look forward to welcoming more European visitors to experience the natural beauty of Southwest Florida."

For flight reservations, visit [www.eurowings.com/us.html](http://www.eurowings.com/us.html).

For more information about Southwest Florida International Airport, visit [www.flylcpa.com](http://www.flylcpa.com) or Like Us on Facebook at [www.facebook.com/flyRSW](http://www.facebook.com/flyRSW).

## Continental Women's Club

Ken Kelly, the wing leader of the Southwest Florida Angel Flight organization, will be the guest speaker at the Continental Women's Club meeting at Colonial Country Club on Thursday, August 3 at 11:30 a.m. Cost to attend the luncheon is \$19.

Angel Flight is a non-profit volunteer pilot organization involved in "public benefit flying." They provide a variety of services to the community, but mostly arrange free air transportation by private aircraft to distant medical facilities when commercial service is not available, impractical or simply not affordable.

The club's monthly meetings are held on the first Thursday of the month. Colonial Country Club is located at 9181 Independence Way in Fort Myers. Call 691-7561 for more information.

## Summer Safety Tips For Kids

Summer is a time when kids spend more time enjoying the outdoors, making it an important time to remind them about staying safe around electricity. Use the tips below to talk with your tots about electric dangers:

Never fly a kite when it is rainy or anywhere near overhead power lines.

If you see a power line on the ground, stay away and immediately tell an adult to call their power company. If the line is within Lee County Electric Cooperative (LCEC) service territory, call 656-2300.

Avoid climbing trees near power lines or power poles. Never, ever climb a power pole.

Never play near pad mounted transformers which are green metal boxes that contain the above ground portion of underground electrical wiring.

Do not put electronics near water.

Water and electricity do not mix.

If "thunder roars, go indoors."

These are just few reminders for your kids as they explore the outdoors this summer. For more safety tips, visit [www.lcec.net](http://www.lcec.net).

## Restaurants Earn Awards

Keylime Bistro and Summerlin Jake's Seafood and Steaks have been honored for their outstanding wine programs in the *Wine Spectator* 2017 Restaurant Wine List Awards. This will be Keylime Bistro's 11th year in a row winning the award, and Summerlin Jake's Seafood and Steaks first time winning since its inception in October 2016. Summerlin Jake's Seafood and Steaks is one of eight restaurants in Lee County to receive this award. The restaurants are recognized among other winners from all over the globe as top destinations for wine lovers.

Keylime Bistro and Summerlin Jake's Seafood and Steaks won the Award of Excellence. The award recognizes restaurants whose wine lists feature a well-chosen assortment of quality producers along with a thematic match to the menu in both price and style.

"I am delighted to receive the prestigious recognition for the 11th year in a row for Keylime Bistro, and I'm very excited our new restaurant, Summerlin Jake's Seafood and Steaks, has won the award in its first year of being open. We pride ourselves on providing an exceptional wine list to complement our food menus," said Sandy Stilwell, owner of the restaurants.

The list of award winners is available online at [Restaurants.WineSpectator.com](http://Restaurants.WineSpectator.com).



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- **Fossil Dig!**

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From left, John Clinger, Bank of America/Merrill Lynch; Cliff Smith, president of United Way; Bill Schroeder Bank of America/U.S. Trust; and Hannah Pelle, vice president of United Way for Allocations and Community Impact photo provided

## Bank Grants \$15,000 To United Way

The Bank of America Charitable Foundation has awarded a \$15,000 grant to the United Way of Lee, Hendry, Glades and Okeechobee's 2017-2018 Campaign.

United Way of Lee, Hendry, Glades and Okeechobee will use the grant to support programs that create long lasting change in Lee, Hendry, Glades and Okeechobee counties. Bank of America's contribution will help 94 United Way Partner Agencies meet the needs of thousands of our friends and neighbors.

All money raised in the United Way campaign stays in the local community

to help support the local human service network. United Way partner agencies and initiatives like Abuse Counseling and Treatment (ACT), Boys and Girls Clubs, Literacy Council of Gulf Coast, Harry Chapin Food Bank, The Salvation Army, and United Way 211 serve a diverse range of needs in our community such as nurturing children and youth, strengthening families, meeting critical needs such as helping the elderly and disabled live independently, and empowering communities by bringing health and human services to neighborhoods.

"Bank of America has been a tremendous supporter of our United Way for many years, and we sincerely appreciate its generous support of our 2017-18 United Way Campaign. Bank of America has demonstrated its corporate values and the spirit of

giving back to this community through our contribution and by volunteering," said Cliff Smith, president of the United Way.

"United Way is a very important asset as we strive toward economic mobility for families in Southwest Florida," said Gerri Moll, Fort Myers/Naples market president for Bank of America. "We believe in United Way of Lee, Hendry, Glades and Okeechobee and its Partner Agencies because they make our community a better place to live."

In addition to raising funds for human service organizations in our community, the United Way promotes partnerships and collaborations among agencies, helping them to work together focusing on issues and solutions that continue to improve lives.

The United Way of Lee, Hendry, Glades and Okeechobee has raised over \$157 million since it was established in 1957. For more information, call United Way of Lee, Hendry, Glades and Okeechobee at 433-2000 or visit [www.UnitedWayLee.org](http://www.UnitedWayLee.org).✪



Calendar Girls decked out in orange garb during a disco party photo provided

## Calendar Girls Visit Senior Home

The Calendar Girls recently celebrated summertime with an Orange Is The New Black Disco Party at Brookdale Fort Myers The Colony on July 11. Sponsored

Southeastern Guide Dog puppies with their puppy raisers were also on hand to join in the fun.

Since 2016, the Calendar Girls have sponsored 18 guide dogs for veterans through the Paws for Patriots Program of Southeastern Guide Dogs.

For more information, visit [www.guidedogs.org](http://www.guidedogs.org).✪



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The Freecoasters photo provided

From page 1

## Reggae Rhythms

has been successful in the genre. Learn more about them at [www.thefreecoasters.com/](http://www.thefreecoasters.com/).

Tickets are \$5. Doors open at 7:30 p.m. and performances begin at 8 p.m. The biweekly multi-genre concert

series runs from June through August. Each concert will bring audiences a unique and entertaining experience. Visit [www.sbdac.com/summer-concert-series/](http://www.sbdac.com/summer-concert-series/) for more information.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. Visit [www.sbdac.com](http://www.sbdac.com) for more information and tickets.✪



## Judges, Attorneys Attend Diversity Workshop

The Lee County Bar Association (LCBA) recently joined the Lee County Association of Women Lawyers, the Isaac Anderson Jr. Bar Association and the LCBA Young Lawyers Division (YLD) to present the inaugural LCBA Diversity Luncheon and Workshop to the organizations' members, community leaders and students of Ave Maria University Law School.

The June 11 event featured an address by incoming Florida Bar President Michael Higer, a panel discussion, question-and-answer session and interactive breakout activities to engage participants in the realities of diversity and inclusion in the law profession, the workplace in general and in society.

In 2015, research by YLD revealed some startling trends. In a random sample email survey of 3,137 women YLD members (with 464, or 15 percent, responding), 43 percent of respondents reported that they had experienced gender bias during their careers, from opposing counsel, an employer or the court. Almost a third of respondents had resigned from a position due to lack of advancement, lack of work/life balance, gender bias or employer insensitivity.

These findings spurred 2017 LCBA President Kelly Fayer to form a new Diversity & Inclusion Committee, with Attorney Timothy A. McCann II and Regional Counsel Ita M. Neymotin as its co-chairs and Judge Devin George as its judicial liaison. The inaugural Diversity Workshop represents the first of many professional development and community outreach activities to be coordinated by the committee.

"I am very thankful for the



Back, from left, Susan Healy, Melissa Barris, Judge Tara P. Paluck, Florida Bar President Michael Higer, Diana Dawn Jezik, LCBA President Kelly Fayer, Regional Counsel Ita Neymotin, State Attorney Stephen Russell, Judge Devin George and Liridona Sinani. Front, from left, Kayla Richmond, Danielle Clark, Jeanne Sweeney and Erica Fernandez. photo provided

opportunity to speak with lawyers who care deeply about our profession and our service on behalf of our members, the court and the public," said Higer.

In addition to Higer, panelists included Jeanne Sweeney, CEO of the Above Board Chamber of Florida, and accounting firm owner and Florida Supreme Court Certified Family Mediator Gail Markham. They addressed bias in the workplace and daily interactions and the progress they've witnessed in those arenas over

the decades.

Judge Tara Pascotto-Paluck described her journey to the bench, the importance of mentors and how a little tactful education of parties in basic courtroom decorum can help law practitioners overcome tacit bias. She said, "As a legal community, it is not only our responsibility, but our honor to engage in the conversation discussing diversity and equality. Thanks to the Lee County Bar Association for starting the dialogue."

Finally, Irena and Yoanna Nikolova described their mother-daughter journey toward safety, stability and a brighter future after leaving an abusive household.

The LCBA is partway through its year-long #KindLee Campaign, which serves to inspire random acts of kindness by sharing kind acts across social media with the #KindLee.

For more information, visit [www.leebar.org/kindlee](http://www.leebar.org/kindlee).✧

## Statement From Commissioner On Everglades Status

Commissioner of Agriculture Adam H. Putnam released the following statement regarding the South Florida Water Management District's announcement that for the Water Year 2017 monitoring period, the Everglades Water Quality Program achieved a 70-percent phosphorous reduction.

"We continue to make headway in restoring the health of the Everglades, and the Everglades Agricultural Area has, yet again, exceeded state-mandated goals with its phosphorous reduction achievement. This phosphorous reduction is a testament to the fact that Best Management Practices, which are science-based and implemented by farmers throughout Florida, are working and protect the quality and quantity of our water."

The Everglades Agricultural Area is comprised of 470,000 acres of agricultural land south of Lake Okeechobee.✧

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## Financial Focus

# Are You Ready To Be An Entrepreneur?



by Jennifer Basey

**J**uly is Independent Retailer Month. As you know, local stores bring vitality, creativity and economic growth to their communities, so it's worth celebrating those "mom and

pop" shops. But they aren't the only entrepreneurs in the country – about 10 percent of workers in the U.S. are self-employed, according to the U.S. Bureau of Labor Statistics. If you're thinking of joining these ranks, you may want to prepare yourself financially.

For one thing, you may need to pay more in taxes, depending on your income. Self-employed individuals typically have to pay twice the amount in Social Security and Medicare taxes because they have to cover the portion that employers normally pay.

Also, unless you're fortunate enough to have a spouse who can put you on their employer-based health insurance, you'll need to find your own, at least until you're eligible for Medicare.

Furthermore, you will need to take charge of your own retirement savings.

Fortunately, several retirement plans are available to the self-employed. These plans typically offer tax-deferred growth potential and tax-deductible contributions.

Here are a few options to consider:

- **Owner-only 401(k)** - This plan, which is also known as an individual 401(k), is available to self-employed individuals and business owners with no full-time employees other than themselves or a spouse. For 2017, you can put in up to 25 percent of your annual income as an "employer" contribution, and you can defer up to \$18,000 (or \$24,000 if you're age 50 or older). The sum of your employer contribution and your salary deferrals cannot exceed \$54,000, or \$60,000 if you're age 50 or older.

- **SEP IRA** - If you have just a few employees or are self-employed with no employees, you may want to consider a SEP IRA. You'll fund the plan with tax-deductible contributions, and you must cover all eligible employees. As an employer, you can contribute the lesser of 25 percent of your compensation (if you're also an employee of your own business) or \$54,000.

- **Solo defined benefit plan** - pension plans, also known as defined benefit plans, are still around - and you can set one up for yourself if you're self-employed or own your own business. This plan has high contribution limits, which are determined by an actuarial calculation and, as is the case with other retirement plans, your contributions are typically tax-deductible.

- **SIMPLE IRA** - A SIMPLE IRA, as its name suggests, is easy to set up and maintain, and it can be a good

plan if your business has fewer than 10 employees.

Although planning for your retirement is important, you also need to prepare for unanticipated short-term expenses, such as a major car repair or a new furnace. While everyone should be ready to meet these needs, it's especially important if you're self-employed and have a variable income. So, work to build an emergency fund containing three to six months' worth of living expenses, with the money

kept in a liquid, low-risk account.

You may find self-employment to be quite rewarding — but you'll likely enjoy it even more if you make the right financial moves.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).*✱

## Superior Interiors

## Displaying Your Collections Beautifully



by Barb Cacchione

**C**ollecting is such fun, and displaying your collections in a creative manner adds even more excitement and joy to your life.

Not only is it fun as you search for additions, but also as you display your prize possessions in your home.

While there may be no real value in your collections – other than intrinsic value to you, collectors are passionate about their objects and want to show them off in the best possible light.

Displaying your collections calls for

you to truly take a good look at what you've amassed and decide how best to show everything off. You want to be sure that your groups make up a well-balanced whole, as you decide how to artfully display them.

So ask yourself a few of these questions:

Is my collection going to be best shown off on a shelf?

Would direct lighting be best placed over my collection to show it off even more?

Should my collection be best hung on a wall?

Do I need to protect my collection by placing it in a glass cabinet?

How can I best arrange my collection to accentuate its features?

And once you've found a home for your collection or collections, why not consider moving those treasured items occasionally – left too long in the same place, they may become ignored.

*Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at [barb@coindeciden.com](mailto:barb@coindeciden.com).*✱

## Government Contracting Expo Offered

**L**earn more about the opportunities available in contracting with the local, state and federal governments at the second annual Southwest Florida Government Contracting Symposium and Expo organized by the Lee County Economic Development Office and the Small Business Development Center. The free event will be held at Florida SouthWestern State College in Building U on Thursday, July 27 from 9 a.m. to noon.

This event is designed to help interested business leaders gain insight into the government market, identify resources and get started in marketing their business to various governmental entities.

More than 20 exhibitors will be available for networking to discover possible government subcontracting opportunities. In addition, presentations and panel discussions on various topics will be held throughout the event.

Bj Brundage, vice president of strategic development for DeAngelis Diamond, said she attended last year's event and is looking forward to this year.

"I think it is very positive for

contractors to get together and network while looking for work," Brundage said. "You don't have to knock on 10 doors; you only have to walk in one."

To register, call Lee County Economic Development at 533-6800 or email Tiffany Grint at [tgrint@leecounty.com](mailto:tgrint@leecounty.com). For exhibitor information, contact Antranette Forbes at [aforbes@leegov.com](mailto:aforbes@leegov.com).

The Lee County Economic Development Office provides business assistance to retain existing businesses, encourage entrepreneurship and to attract new businesses, so that Lee County has a strong economy, thriving communities, and broadly shared prosperity.

Florida SouthWestern State College is located at 8099 College Parkway in Fort Myers. For more information, visit [www.LeeCountyBusiness.com](http://www.LeeCountyBusiness.com).✱

## City Council Candidate Qualifiers At 13

**T**hirteen people have announced their intentions to run for seats on Fort Myers City Council. At a July 10 meeting, City Council certified the candidates for the 2017 election, which includes the seats for Wards 1, 3 and 5 as well as the position of mayor.

The certified candidates are Nicole Dillon, Curtis J. Sheard and incumbent Randall P. Henderson, Jr. for mayor; Willie Green and incumbent Teresa Watkins Brown for Ward 1; Mildred Barnes, Minnie Henry Jackson, Crystal Lyons-Johnson and incumbent Terolyn P. Watson for Ward 3; and Fred Burson, Stephen Hooper, Lydia Lowell-Sherman and Joel Allen Moroney for Ward 5.

In order to become a certified candidate, each must have met the voter registration requirements by July 7. All positions are non-partisan.

Fort Myers City Charter and Florida Statutes allow for a primary election in the event that there are more than two candidates who qualify for any elective office in the city. The primary election will be held on Tuesday, September 12 for the positions of mayor and council members in Ward 3 and Ward 5. If no candidate receives 50 percent of the vote plus one, the top two candidates will face a runoff on Tuesday, November 7. However, if any candidate receives 50 percent of the vote plus one in the primary, that candidate will win the seat outright and no runoff will be held.

Because only two candidates qualified in Ward 1, the Ward 1 election will be held on November 7.

To find your polling location, voting hours and early voting information, visit the Lee County Supervisor of Elections website at [www.lee.vote](http://www.lee.vote).✱

From page 8

## Along The River

to win a two-year lease on a 2018 Infiniti QX30 donated by Fort Myers Infiniti. Only 150 tickets are available for \$100 each. The \$15,000 will benefit PACE Center for Girls of Lee County. The winner of the car raffle will be announced at 6 p.m. during the main Love That Dress!9 event on Wednesday, August 23 at the Embassy Suites, located at 10450 Corkscrew Commons Drive in Estero.

Tickets for the raffle can be purchased by calling PACE Development Manager Allyson Ross at 470-7548. For more information on the raffle and a copy of the official rules and regulations, visit [www.pacecenter.org/locations/lee](http://www.pacecenter.org/locations/lee) or [www.lovethatdressleecounty.com](http://www.lovethatdressleecounty.com).

This year's goal is to generate an inventory of more than 4,000 dresses and raise \$125,000. All proceeds generated by the Love That Dress!9 events benefit PACE Center for Girls of Lee County.

Anyone interested in participating in a collection event in support of Love That Dress!9 may send an email to [Allyson.Ross@PACECenter.org](mailto:Allyson.Ross@PACECenter.org).

Goodwill Boutique on First is located at 2401 First Street in Downtown Fort Myers. Red Door Photography's studio is located at 1601 Lee Street, Unit 2 in downtown Fort Myers.✱



## School Smart



by Shelley M. Greggs, NCSP

**D**ear Readers, It's hard to believe but school will resume in Lee County on August 10. The summer went by very quickly. Getting a new school year off

to a good start can influence children's attitude, confidence and performance, both socially and academically. The transition from summer routines to school routines can be difficult for both children and parents. Even children who are eager to return to class must adjust to the greater levels of activity, structure and, for some, pressures associated with school life. The degree of adjustment depends on the child, but parents can help their children (and the rest of the family) manage the increased pace of life by planning ahead, being realistic and maintaining a positive attitude.

Here are some things to do before school begins. The following suggestions can help ease the transition and promote a successful school experience:

- Be sure your children are in good physical and mental health. Schedule doctor and dental checkups early. Discuss with your pediatrician any concerns you have over your children's emotional or psychological development. Your doctor can help determine if your concerns are normal, age-appropriate issues or require further assessment. Your children will benefit if you can identify and begin addressing potential problems before school starts.

- Review the material sent by the school as soon as it arrives. These packets include important information about your children's teachers, assigned classrooms, school supply requirements, sign-ups for after-school sports and activities, school calendar dates, bus transportation, health and emergency forms and volunteer opportunities.

- Mark your calendars. Make a note of significant dates, especially back-to-school nights. This is especially important if you have children in more than one school and need to juggle obligations. Note important school activities on your family calendar as well as your personal calendar and your children's planners.

- Make multiple copies of all your child's health and emergency

information for reference. Health forms are typically good for more than a year and can be used again for camps, extracurricular activities and the following school year.

- Buy school supplies early. Organize supplies and backpacks a week or two before school starts. Older children can help do this, but make sure they use a checklist that you can review. Some teachers require specific supplies, so save receipts for items that you may need to return later.

- Reestablish bedtime and mealtime routines (especially breakfast) at least one week before school starts. Prepare your children for this change by talking about the benefits of school routines in terms of not becoming overtired or overwhelmed by schoolwork and activities. Help them to understand the reasons for these schedule adjustments so they do not view the changes as a punishment. Include pre-bedtime reading and household chores if these were suspended during the summer.

- Turn off the TV and social media for portions of the day. Encourage your children to play quiet games, do puzzles, review flash cards, color, or read as early morning activities instead of watching television. This will help ease them into the learning process and school routine. If possible, maintain this practice throughout the school year. Television is distracting for many children, and they will arrive at school better prepared to learn each morning if they have engaged in less passive activities.

- Visit school with your children. If your children are young or in new schools, schedule a school visit before classes begin. Meeting teachers and locating classrooms, locker, lunchroom, and so on will help ease anxieties and also allow your children to ask questions about the new environment. Call ahead to make sure that you will be allowed in the building.

- Freeze a few easy dinners. It will be much easier on you if you have dinner prepared so that meal preparation will not add to household tensions during the first week of school.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\*

From page 1

## Winter Estates

automotive curator, has been building a replica quadricycle (Ford's first automobile) and will unveil it during the birthday celebration. Moss will be available to answer questions from 10:30 to 11:30 a.m.

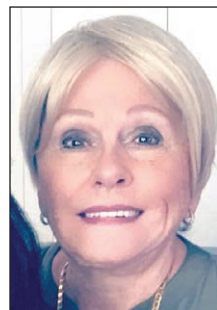
Henry Ford and his wife, Clara, purchased their winter retreat in Fort

Myers, next door to Thomas and Mina Edison in 1916. The purchase price was \$20,000 for about three acres of riverfront gardens and a Craftsman-style bungalow. The home site was nicknamed The Mangoes for the many mango trees on the property.

The special behind-the-scenes tours are included with admission. For more information, call 334-7419 or visit [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org).\*

## Book Review

### Into The Water



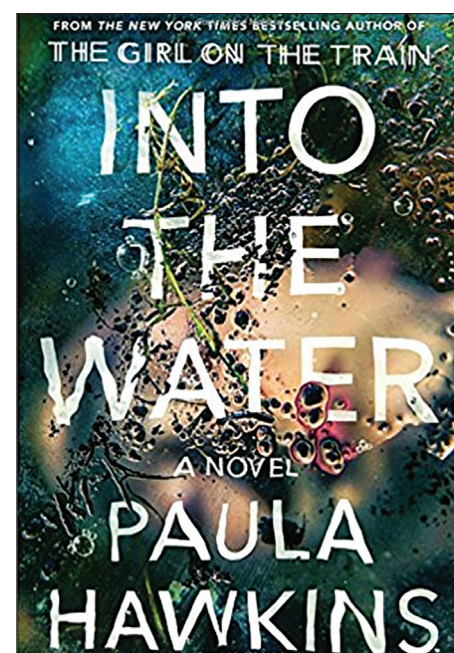
by Di Saggau

From the author of the best-seller *The Girl On The Train* comes another book on that list *Into The Water*. Paula Hawkins has penned a mystery about a "drowning pool" in the English riverside town of

Beckford. Two women die within months of each other. Was it suicide or foul play? That's what everyone wants to know. The deceased are a teenager named Katie and her best friend's mother, Nel. These two deaths dredge up secrets long submerged.

The mystery is narrated by multiple characters and viewpoints, more than a dozen, which gets a bit complicated. It's a tricky web of suspense, suspicion and emotional involvement. Through the voices of relatives, creepy neighbors and ex-lovers, we begin to understand why Nel was drawn to a river where so many died. She had been writing a history of the infamous drowning pool's many female victims, including 17th century witches. This did not make her popular with many in the town.


None of the voices divulge all they know, which leaves the reader to piece things together. The deeper we go into the book, the easier it is to learn more about each character, their feelings, fears and



fallacies. There is a lot of psychological suspense. The book is a story of families mired in secrets and uncomfortable relationships. They are haunted by the past and afraid of facing the present day truth.

The two lead characters in the book are Jules Abbott, sister of Nel, and Nel's daughter Lena. *Into The Water* is a satisfying read that hinges on the deceptiveness of emotion and memory, as well as the devastating ways that the past can reach a long arm into the present. I enjoyed this book better than her last one. It keeps you guessing until the sobering conclusion. And it's also been snapped up for a future movie.\*



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www.AMAZON.COM  
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## Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

“Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.”

Genri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*



# Look For Red Sox To Make Another Deal Before July 31 Trading Deadline



by Ed Frank

Will the Boston Red Sox pull off another blockbuster deal before the July 31 trading deadline in a move to strengthen their first place hold on the American League Eastern Division? With one of the shrewdest dealmakers in baseball, Dave Dombrowski, Red Sox president of baseball operations, the odds are they will. And the likely partner is the Chicago White Sox, the same team that Dombrowski dealt with seven months ago in the Chris Sale – Yoan Moncada trade.

The White Sox are clearly in the rebuilding mode as shown last week when they sent All-Star pitcher Jose Quintana to the Chicago Cubs for their number one prospect, outfielder Eloy Jimenez and three other prospects.

Reports early this week had the Red Sox in discussions with the White Sox for a trade that would send third baseman Todd Frazier to Boston. Although Boston started the week with a three-game division lead at 52-41, they have lacked the offensive power this season with the retirement of David Ortiz. And third base is where Frazier would fit.

Just last week, Dombrowski jettisoned third-baseman Pablo Sandoval midway through a six-year \$90 million contract. Injuries, weight problems and other issues resulted in his release.

Apparently the White Sox are looking to trade Frazier because he is a free agent at the end of this season and doesn't fit into the team's rebuilding plans.

The 31-year-old Frazier has a career .247 batting average with 164 home runs. However, his 2017 batting average as of Monday of this week was only .207, although he had belted 16 home runs.

"We're open-minded to getting better at any spot we can," Dombrowksi said recently.

Dealing for Frazier might not be the only move he's looking to make. The Red Sox bullpen also could use help and the White Sox could be in a position to help there as well by sending closer David Robertson to Boston.

One negative in any trade is the fact that Boston wants to stay below the luxury tax threshold, and they currently are about \$12 million below that mark.

Frazier is owed nearly \$6 million for the remainder of this season and Robertson about \$12 million.

Less than two weeks remain until the July 31 non-waiver trade deadline, and you can bet that the crafty Dombrowski will be wheeling and dealing to improve his team.

Early this week, Las Vegas had the Red Sox at 9-1 odds to reach the 2017 World Series. Dombrowski wants to make those odds even better.

## The Tebow Mystique Draws More Than 10,000 fans For Miracle Series

The first place Fort Myers Miracle baseball team won two of three games last weekend from the St. Lucie Mets with more than 10,000 fans attending the series highlighted by St. Lucie's star attraction, Tim Tebow.

The former Florida football great left Fort Myers after the three-game series batting .308, although he went hitless in two of the three games.

The three-game series averaged 3,548 fans per game, considerably higher than the 2,130 fans per game that the Miracle has averaged for the 43 home games this season.

Through Monday of this week, Fort Myers had a second-half season record of 17-6 with a first-place lead of 3-1/2 games in the Florida State League South Division.

The Miracle returns home to Hammond Stadium for a four-game home stand starting Friday against Tampa.✪



Midtown Beach Sports Complex

photo courtesy Jerome Miller

## Grand Opening Of Midtown Sports Complex

The City of Fort Myers will host a grand opening celebration for its new Midtown Beach Sports Complex on Saturday, July 22. The day's festivities will include food trucks, prize giveaways, and a co-ed beach volleyball tournament from 10 a.m. until 2 p.m.

The Beach Sports Complex is a 15,000-square-foot recreation facility located at 2277 Grand Avenue in midtown Fort Myers, next to the Fort Myers Skatium. The facility features three courts, built on 1,200 tons of premium sand that was donated to the city by Stewart Mining.

"The Beach Sports Complex has been open for about a month for league play," said Richard Moulton, director of Public Works for the City of Fort Myers. "We've already been able to double the number of teams we can accommodate for beach volleyball."

Admission to the grand opening activities is free and open to the public. In addition to beach volleyball, players can also participate in beach tennis. Food trucks including Kreips & Juices and Kona Ice will sell concessions at the celebration,

and visitors will be eligible for prizes from local restaurants and businesses. Players will also be able to sign up for the upcoming leagues at the new complex.

To participate in Saturday's grand opening co-ed volleyball tournament, contact recreation program coordinator Adam Lightfoot at 321-7514

In addition to league volleyball activities, future plans for the Midtown Beach Sports Complex include beach soccer, yoga and fitness boot camps. The EVP Beach Volleyball Tour has already hosted junior tournaments at the facility. EVP plans to teach junior and adult clinics in the fall and a winter series pro event at the complex.

Beach volleyball has been dubbed the fastest-growing collegiate sport in the history of the NCAA, and the city hopes to continue capitalizing on its growing popularity.

"The feedback has been exceptional," said Moulton. "I've received great reviews of the playing surface and the facility from our participants. Having the complex in midtown is a great enhancement to the neighborhood."

July has been recognized as National Parks and Recreation Month by the U.S. House of Representatives, the state of Florida, and the City of Fort Myers. A listing of the city's parks and recreation centers is available online at [www.cityftmyers.com](http://www.cityftmyers.com).✪

## SPORTS QUIZ

1. In 2015, Chris Sale set a Chicago White Sox record for most strikeouts in a season (274). Who had held the team mark?
2. Who was the last teenage starting pitcher in the major leagues before Julio Urias of the Los Angeles Dodgers in 2016?
3. Name the first football coach to win a NCAA championship and a Super Bowl.
4. When was the last time before the 2015-16 season that Seton Hall's men's basketball team won a conference tournament championship?
5. Who holds the Pittsburgh Penguins' goaltender record for most career wins in the NHL playoffs?
6. Toronto FC set a record in 2016 for largest margin of victory (seven goals) in an MLS playoff series that features two legs. What team had held the mark?
7. Since 1980, how many horses have won the Preakness after skipping the Kentucky Derby?

## ANSWERS

1. Ed Walsh struck out 269 in 1908. 2. Seattle's Felix Hernandez in 2005. 3. Jimmy Johnson won a national championship at Miami, Fla., (1987 season) and two Super Bowls with Dallas (1992, 1993 seasons). 4. It was the 1992-93 season. 5. Goalie Marc-Andre Fleury, with 62. 6. The Los Angeles Galaxy had a five-goal margin of victory over Real Salt Lake in 2014. 7. Seven -- Code (1980), Aloma's Ruler (1982), Deputed Testamony (1983), Red Bullet (2000), Bernardino (2006), Rachel Alexandra (2009) and Cloud Computing (2017).

## Miracle Player Named Pitcher Of The Week

The Florida State League recently named Fort Myers Miracle right-handed pitcher Tom Hackimer the FSL Pitcher of the Week for the week of July 3 to 9.

Hackimer appeared in four games during the week and recorded two wins and one save. In six innings,



Tom Hackimer

the sidearm hurler allowed just one hit while striking out seven.

He is the first Miracle pitcher to earn the honor this season. Two other Miracle position players have earned Player of the Week honors, Max Murphy in April and Chris Paul in June.

The Fort Myers Miracle baseball team is the Advanced-A affiliate of the Minnesota Twins.

To stay up to date on upcoming promotional nights or purchase tickets, visit [www.Miraclebaseball.com](http://www.Miraclebaseball.com) or through social media; Twitter: @MiracleBaseball, Instagram: [fortmyersmiracle](https://www.instagram.com/fortmyersmiracle), Facebook: Fort Myers Miracle, Snapchat: [fmyersmiracle](https://www.snapchat.com/add/fmyersmiracle).

For more information or questions regarding the 2017 25th anniversary season, call the Miracle offices at 768-4210.✪



## Port Authority Names New Police Chief

The Lee County Port Authority (LCPA) has named Shawn Chamberlain as chief of the Airport Police Department, responsible for public safety and security at Southwest Florida International Airport and Page Field in Fort Myers.

Chamberlain comes to LCPA with more than 19 years of law enforcement experience. Most recently, he served as the deputy chief of the Minneapolis/St. Paul International Airport Police Department, where he started his airport career in 2001 as a detective and rose through the ranks, from sergeant, to lieutenant in patrol, aviation security and then the professional standards divisions. Prior to this, Chamberlain worked in U.S. Customs and Border Protection as a border patrol agent. He also served four years in the U.S. Navy, as well as time in the U.S. Navy Reserves.

Chamberlain is a member of the International Association of Chiefs of Police, Airports Law Enforcement Agency Network and Airports Council International – North America.

Chamberlain attended staff and command school at the Northwestern University Center for Public Safety in



**Chief Shawn Chamberlain** photo provided

Evanston, Illinois, and completed a Chief Executive Leadership course at the Southern Police Institute at the University of Louisville. He has a master's degree in criminal justice leadership/human services from Concordia University and a bachelor's degree in law enforcement from Metro State University, both in St. Paul, Minnesota.

For more information, visit [www.flylcpa.com](http://www.flylcpa.com).

## United Way Elects New Officers And Board Members

New officers and six new board members were elected at the recent annual meeting of the United Way of Lee, Hendry, Glades and Okeechobee.

Officers and executive committee members for 2017-18 are as follows: David Fry, The Place on First, board chair; Pat O'Donnell, O'Donnell Landscapes, Inc., vice chair; Patricia Heath, Interop Technologies, treasurer; Craig Folk, Miller, Helms & Folk PA, assistant treasurer; Mary Vlasak Snell, Pavese Law Firm, secretary; and John Clinger, Clinger Sizemore & Associates/Bank of America, immediate past chair.

Joining the United Way Board of Directors are Betsy Alderman, Northern Trust Company; Mary Andrews, Lee Health; Cindy Carfore, AHA! A Holistic Approach/Shapley's; Lowell George, Fifth Third Bank; Steve Micheli, Publix Super Markets; and Jessica Wells, Chico's, FAS, Inc.

All money raised in the United Way Campaign stays in the local community to help support the local human service network. United Way partner agencies and initiatives like Alvin A. Dubin Alzheimer's Resource Center, Children's Advocacy Center, Harry Chapin Food Bank, ACT, LARC and United Way 211, serve a diverse range of needs in our community such as nurturing children and youth, strengthening families, and meeting critical needs such as helping the



**David Fry** photo provided

elderly and disabled live independently, and empowering communities by bringing health and human services to neighborhoods.

In addition to raising funds for human service organizations in our community, the United Way promotes partnerships and collaborations among agencies and initiatives, helping them to work together focusing on issues and solutions that continue to improve lives.

The United Way of Lee, Hendry, Glades, and Okeechobee has raised and distributed over \$157 million since it was established in 1957. For more information, call United Way at 433-2000 or visit [www.UnitedWayLee.org](http://www.UnitedWayLee.org).

### Life Insurance

## Rising Costs



J. Brendan Ryan, CLU, ChFC, MSFS

There is a negative change afoot in the internal operation of some universal-life (UL) policies. For those affected by it, learning about it early and making

any appropriate changes in a timely fashion can minimize the effect of the change.

First, it is appropriate to review how UL works.

The owner pays premiums into the policy. Some policies have a charge at this level. But most or all of the payment reaches the cash value, which is an accumulating fund inside the policy and which supports the strength of the policy. The more cash value, the more secure the policy and the less the danger of its going away, "lapsing," for lack of cash.

Tax-deferred, flexible interest is credited to the cash value, which makes the policy even more secure. In the early days of UL – 35 years ago – 12 and 13 percent interest was credited. Regardless of the "current" rates, the policy promises not to credit anything less than the guaranteed-minimum rate. For policies issued in those early days, and even up to fairly recent times, that guaranteed-minimum rate has been and continues to be three to five percent. The guaranteed-minimum rate on newly-issued policies is now about two percent.

The other major moving part in UL is the "cost of insurance (COI)." This is the internal monthly charge extracted from the cash value that pays the insurance company to cover its overhead and mortality costs (death claims of those insurers who pass away). UL policies state the maximum COI charges that are allowed, but insurers have always charged far less than the maximum-allowable COI charges.

The guaranteed-minimum interest rate partly gives rise to the problem that exists for insurers today. In this protracted period of extremely low interest rates that we are muddling through, insurers still have to credit interest for those policies still in force today at least those guaranteed rates of three to five percent on the cash value of tens of thousands of policies. And that is causing a strain for insurers.

Now, for the first time, as far as I know, in the history of UL, some insurers have announced that they are raising the COIs on some of their existing policies. (This does not include "Guaranteed UL," which guarantees that COIs will not change). I have seen recent articles announcing this. But I just was notified that it is about to happen to some of my clients who bought UL decades ago.

The letter that my affected clients and I received from this major, well-rated insurer announced that a small fraction of my clients who bought UL between 1986 and 1999 are going to see an increase in their COI charges. I was told which policies and which clients are going to see this change but not how much the change is going to be. And I have not learned why a policy issued in May 1986 is affected, but not any other policies purchased by my clients that year. Only the actuaries know that and, for

continued on page 24

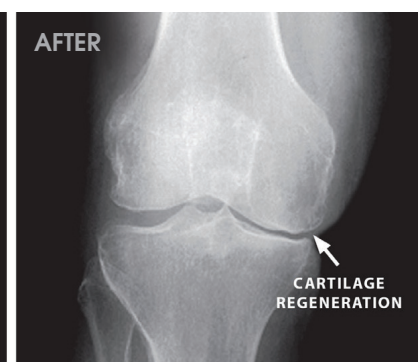
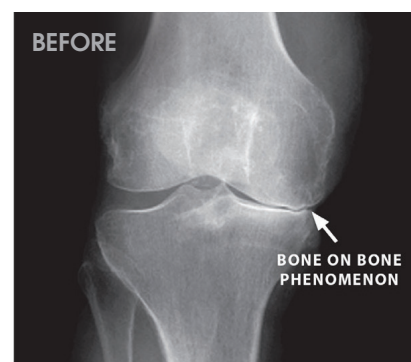
## WANT TO AVOID SURGERY?

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John Kerns and Vonceil Franklin  
photos provided



First Celebrates Freedom Sponsor Sam Galloway, Jr. and his wife, Kathy



Carl Miller and Kathy Miller, executive director of Lifeline Family Center



Richard Chappelle and The Rev. Dr. Paul deJong, pastor of First Presbyterian Church

# Benefit Nets Canned Goods, Cash For Charity

Residents who attended First Celebrates Freedom at First Presbyterian Church in downtown Fort Myers on July 6 opened their hearts and their wallets by contributing food and money to benefit The Soup Kitchen operated by Community Cooperative.

More than 400 people attended the patriotic performance, sponsored by the Galloway Family of Dealerships, and brought 750 pounds of food.

The popular event featured a bagpipes and drums opening by Lee County Guns and Hoses Pipe and Drums, followed by 90 minutes of songs by the Freedom Choir and sing-a-longs by the audience.

A highlight was a rendition of *God Bless the USA* by the Gulf Coast Harmonizers along with performances by Pianist Barbara Peterson, Organist Randy Woods, Choral Director Rev. Roger Peterson, Soloists Michael Broyles, Paula Moore and Linda Digman, and the First Presbyterian Church Choir and friends.

First Celebrates Freedom is the second of three hymn sings sponsored



Soloists Paula Moore and Michael Broyles sing *Let There Be Peace on Earth*

annually by the Galloway Family of Dealerships. The other two are Mrs. Edison's Hymn Sing in February and the very popular Christmas Carol Sing coming December 5. All three events benefit The Soup Kitchen of Community Cooperative, which was started by First Presbyterian Church along with other downtown churches in 1984 to help alleviate hunger and suffering in Lee County.

First Presbyterian Church of Fort Myers is located at 2438 Second Street in downtown Fort Myers. For more information, call 334-2261 or visit [www.fpcfortmyers.org](http://www.fpcfortmyers.org).



Barbershop Quartet The Gulf Coast Harmonizers sing *God Bless the USA*



Soloist Linda Digman and Sam Galloway, Jr. sing *God Bless America*



Pianist Barbara Peterson and Minister of Music Rev. Roger Peterson



Guns and Hoses Pipes and Drums



## Chronic Pain Workshops

Would you like to learn how to better manage chronic pain conditions such as arthritis, fibromyalgia, back pain, headaches and more?

Lee Health is pleased to announce a free six-week workshop, entitled Chronic Pain Self-Management – a research-based program developed by Stanford University. Sessions will be held on Fridays, beginning on August 18 from 9 to 11:30 a.m. at the Outpatient Center at the Sanctuary

in the second floor conference room, 8960 Colonial Center Drive, in Fort Myers.

Information presented in the workshop can help you become empowered to improve your quality of life. Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to healthy eating. Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*.

Seating is limited and registration is required. Call 343-9264 for more information.✱

## Foundation 2017 Scholarship Winners

Uncommon Friends Foundation (UFF) recently announced the winners of its 2017 student scholarships. Scholarships are awarded to deserving students, veterans, struggling adults and single parents who are pursuing degrees in education, law, technology and other studies. Nominees, who came from Lee, Charlotte, Collier, Glades and Hendry counties, need financial assistance, excel in school and in their personal lives, and possess high character qualities.

The UFF Scholarship winners are as follows:

Berne Davis Future Teacher Scholarship – Jessica Groll-Whipple.  
Florida Prepaid Scholarships – Yazmin Castelo, Tequon Chatman, David Delices and Jacqueline Rodriguez.

Ellie Newton Student Chair in Humanities at FSW – Katuska Carrillo.

James Newton Student Chair in Leadership at FSW – Sarah Tamplin.

Health Sciences Scholarship – Sarah Haggard and Martha Williams.

Hilliard Scholarships – Robyn Basquin and Stephanie Canales.

Lee County Bar Association Scholarship – Shelby Reed.

PACE Center for Girls of Lee County Scholarship – Judith Otero.

Single Parent Scholarships – Anna Bonilla, Amy Sukay and Sabah Yassin-Gomez.

Technical College Scholarships – Alexander Canto and Giovanni Cruz.

Veteran's Scholarship – Chelsea Emmerich.

The 2017 Special Recognition Scholarships – Gerardo Alvarado, Joshua Ashby, Savanna Galloway and Fortasia Leonard.

All winners will be honored at UFF's Uncommon Evening to be held at the historic Burroughs Home & Gardens on Thursday, November 2 from 6 to 9 p.m. Event tickets and sponsorships can be purchased by emailing [jennifer@uncommonfriends.org](mailto:jennifer@uncommonfriends.org).

The annual scholarship committee has been chaired for the last 14 years by Uncommon Friends Foundation Board Member Brenda Stewart and other volunteers. Working together with many community service organizations serving special and underserved populations, the committee identifies deserving individuals who will benefit through its needs- and character-based scholarships. Over the past 22 years, the foundation has awarded nearly 490 educational scholarships totaling hundreds of thousands of dollars.

For more information, visit [www.uncommonfriends.org](http://www.uncommonfriends.org) or call 337-9503.✱

## FGCU To Offer English Program

The Office of Continuing Education & Off-Campus Programs at Florida Gulf Coast University (FGCU) will host a professional development program called English as a Second Language (ESL) for Professionals in the Cohen Center on the college campus. The course, which costs \$295, will be offered on Tuesdays, August 22 through October 3, from 5:30 to 8 p.m.

This intermediate-level ESL course provides learners the opportunity to develop speaking, listening, reading and writing English language skills in the workplace, whether communicating with management, colleagues or customers. The course is designed for employees, managers or professionals who either already use English in

their work or hope to find a job by improving their English. Participants may be currently employed or seeking employment. The course also is ideal for college/graduate students who wish to improve their English language skills in order to be more effective in their academic studies.

The program's instructor is Barbara White Crockett, a TEFL/ESL certified career counselor and English language coach. As founder and principal of BWC International, a global executive recruiting and human resources consulting firm, she has over 30 years of corporate experience and has hired top talent for major organizations worldwide.

For registration information, call 425-3270, email [continuinged@fgcu.edu](mailto:continuinged@fgcu.edu) or visit [www.fgcu.edu/CEd/professional\\_development\\_programs.html](http://www.fgcu.edu/CEd/professional_development_programs.html).✱



Six Mile Cypress Slough Preserve

photo provided

From page 1

## Free Parking

Park, Caloosahatchee Regional Park, Six Mile Cypress Slough Preserve, Caloosahatchee Creeks Preserve

- Beach sites: Bonita Beach Accesses No. 1 and No. 10, Bonita Beach Park, Bowditch Point and Lynn Hall Memorial Park, Bunche Beach, Bowman's Beach and Turner Beach (north side only of Blind Pass)

- Boat ramps: Punta Rassa, Matlacha, Alva, Davis, Pine Island Commercial Marina and Imperial River

- Pools: Lehigh Community Pool, North Fort Myers Community Pool,

Pine Island Community Pool and San Carlos Community Pool.

Other recreational sites with Lee County which are owned or maintained by other government entities are not included in the free swim/free parking weekend. These include Barefoot Beach, beach access points managed by the Town of Fort Myers Beach and City of Sanibel sites, including the south side of Blind Pass.

For more information about Lee County Parks & Recreation locations, amenities and other special events, call 533-7275, email [leeparks@leegov.com](mailto:leeparks@leegov.com) or visit [www.leeparks.org](http://www.leeparks.org), to download the Come Discover Map.✱

## Lee Health Nets High Ranking For Best Employers

Lee Health is included among some of the world's most recognizable organizations, including Costco, Google, Mayo Clinic and Facebook, as part of *Forbes Magazine's* America's Best Employers 2017 list. Lee Health ranked 29 out of 500 large companies across the country – within the top six percent – and is the eighth highest ranked health care provider and the second highest ranked organization in Florida.

According to the magazine, the rankings are the results of online surveys gathered from 30,000 U.S. employees, 84 percent of whom are employed full-time. The direct score, which determines a company's placement and title as a top employer, is derived from the question, "How likely are you to recommend your employer on a scale of 0 to 10?"

"We are very proud to be included among such prestigious, world-renowned companies," said Jon Cecil, Lee Health Chief Human Resources Officer. "Measuring the likelihood to recommend Lee Health as a good place to work is something that we include in our annual Employee Engagement Survey. We have seen steady increases in that area on the annual survey, and this national recognition further solidifies that we are creating the right, positive environment for our employees."

Larry Antonucci, MD, Lee Health's president & CEO, said employee satisfaction is vital to collaborative, patient-centered care. "A healthy, supportive environment for our employees, where they feel valued and satisfied, drives positive experiences for our patients. Lee Health's mission, vision and values empower our employees to continuously improve – themselves, their processes and their work environments."

To see the full list of America's Best Employers, visit [www.forbes.com/best-employers/list/#tab:rank](http://www.forbes.com/best-employers/list/#tab:rank).✱



dearRPharmacist

# My Brother Was A Secret



by Suzy Cohen, RPh

**D**ear Readers: My oldest brother just passed away. He was an alcoholic for decades. He smoked too. He died with his Chihuahua and wife beside him. It was colon cancer that had metastasized

everywhere.

So with a heavy heart, I beg you to try one more time to taper off and stop drinking. This is the best way to honor Danny's lifelong struggles. I want him to have a legacy.

By a million miles, he was my favorite brother of the two. In his 20s, Danny was handsome and charming, witty, intelligent and strong. He always had a joke to share and he loved music. He played it very loud on the vintage hi-fi console, which especially annoyed my "book face mom," who would holler at him as if she could

obtain higher decibels than *Stairway to Heaven*, "Daniel, turn the noise off!"

Growing up, he was like most guys, had a job, a girlfriend and many skills. He was a very hard worker. Then, he fell on hard times in his 30s and began drinking heavily. He became withdrawn, pessimistic and more irritable with time. I still loved him, but more from a distance.

I spoke to him last week, he said to me, "Suzy, I don't want to die."

Confused, I did not ask him this question out loud, but wondered, "Then why did you slowly commit suicide all these years?"

Because alcohol is encouraged in our society, we get the idea that it isn't dangerous, but it is. It's psychoactive, addictive and potentially lethal when misused.

My brother was a secret.

Not because we made him one. He simply felt shame. Today, I want him to stand for something far greater than what he could conceive during his life. Maybe you'll be inspired to heal yourself. Here are considerations for when you're ready to taper:

Denial. Looking in our mirror and accepting who you see is difficult if not painful.

Supplements. These can bridge you

## Mom And Me



with a good exit plan. It all seems so glamorous to younger women to be on the arm of a distinguished member of a successful professional group. They are usually well turned out and command attention and it makes the young woman feel so special and important. In my experience, I have never known a young woman to marry a poor, older, unsuccessful man – so that tells me something.

Rich men are the same as poor men and they both get, as you describe, the only difference seems to be that rich men do it at a slower pace because they have the money for better health care. When things were going so well and life was just so full of fun things through the years, did you ever think about the misery and financial hardships you may have caused his first family? Just thought I'd ask.

Lizzie

### Dear Stephanie:

Stephanie, Stephanie, Stephanie... where to begin? It sounds as if you had 30 years of fun and freedom. Gallivanting from shore to shore, from villa to chalet, and now life is not so much fun. For the average person, life is a struggle, marriage, family, career, financial and health difficulties. You seemed to have been able to bypass the majority of these struggles and with very little appreciation.

For 30 years, you have met your husband's needs for a younger trophy wife and he has met your needs for money and the high life. Perhaps during that time, some genuine care and concern developed?

No doubt your life is difficult now. Any time one spouse is sick, the stress and strain can be enormous. Couple that with disagreeable family members, and life may seem unbearable to you. But Stephanie, it is now time for you to grow up.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\*

### Dear Stephanie:

Your psychologist could probably help

Stephanie

from addiction to recovery. Gotu kola, L-theanine and magnesium help balance glutamate to GABA.

Withdrawal. Quitting cold-turkey is dangerous. A slow taper is best because it allows for GABA receptor down-regulation in the brain to correct itself.

Cheerleader. There needs to be at least one person rooting for you, if only by phone, text or physical presence. These people are scared, alone, afraid and in pain, they just need thought seeds of hope. Be that for someone.

Recovery Centers. Becoming and staying sober is difficult so look to established clinics and organizations that can help, as long as they are not too aggressive to medicate you with some other drug, and boot you out the door. AA sets the standard – 1-800-615-3851.

Recovery is the bridge between you were and who you are.

I believe you can, and yes, I know it's hard.

It's hell. But if you're going through hell, do not stop!

Danny Gurvich is no longer a secret. He gave me an incredible 23-year-old nephew.

Today, I am celebrating the life of a very good man... and mourning his passing with you.

With love... November 29, 1958 to July 10, 2017.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered*

pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).\*

From page 21

## Rising Costs

proprietary reasons, do not share what they know.

If you get such an announcement from your insurer, what should you do?

- You can wait and see if the cash value of your policy, as stated on your annual policy report, is gradually going down. If not, it may be that your cash value is strong enough and the increase in your COI charge is small enough that there will be no immediate effect. But it would behoove you to keep your eye on it from year to year, which you should be doing anyway. If the cash value does not keep increasing from year to year, see below.

- It may be appropriate to inquire immediately or at least soon what long-term effect this change will have. To do that, contact your insurer or your agent and ask for an in-force ledger, which will project future performance with the new COIs in place. They can advise you if it will be prudent to increase your premium somewhat to counteract the affect of the COI increase.

- You can choose to decrease the amount of insurance in your policy so that you can keep the same premium. The Home Office will guide you in this.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at [jbryanclu@aol.com](mailto:jbryanclu@aol.com).\*

### Doctor and Dietician

## Is Surgery Always Necessary?



by Ross Hauser, MD  
and Marion Hauser, MS, RD

**W**e have met many people who are quick to get surgery, as if it is simple to undergo. A common misconception if you have chronic pain or arthritis is that you need an MRI and a surgical evaluation. Nope! Pain should not be an automatic indication that surgery is in your future. Conservative practitioners and treatments should be utilized first. For example, nutritional supplements, weight loss, massage, physical therapy, chiropractic/osteopathic care, Pilates, acupuncture, and/or regenerative treatments, are potential options that should precede any surgical intervention. Surgery is fraught with many potential risks, one being the required anesthesia. General anesthesia greatly stresses the body, and complications may occur. If you have ever seen anyone after anesthesia,

you know it's no picnic.

Although pain may be less, many patients continue to experience significant pain after surgery. Why? Pain is an indication of tissue damage, and surgery involves removing, cutting through and shaving supporting structures, thus weakening the joint. The underlying cause, and often the missing diagnosis in most cases of chronic pain is joint instability due to ligament weakness. Sadly, surgery doesn't repair ligament weakness, but may actually worsen it. There are, of course, instances where a patient needs surgery; however, each year many people undergo drastic surgeries unnecessarily because they did not explore all the options.

If a condition is known to be degenerative, such as osteoarthritis, the joint will continue to deteriorate under the following conditions: no treatment (choosing to do nothing), NSAID use, or receiving corticosteroid injections. By definition, degenerative conditions need regeneration. This is where treatments like prolotherapy, PRP, and stem cell therapy have made their mark in today's pain and rehabilitation medicine. They provide long-term joint strengthening and repair, offering an effective alternative to surgery or post-surgical pain relief for patients who already went under the knife.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).\**





Tomato Linguini Sauté

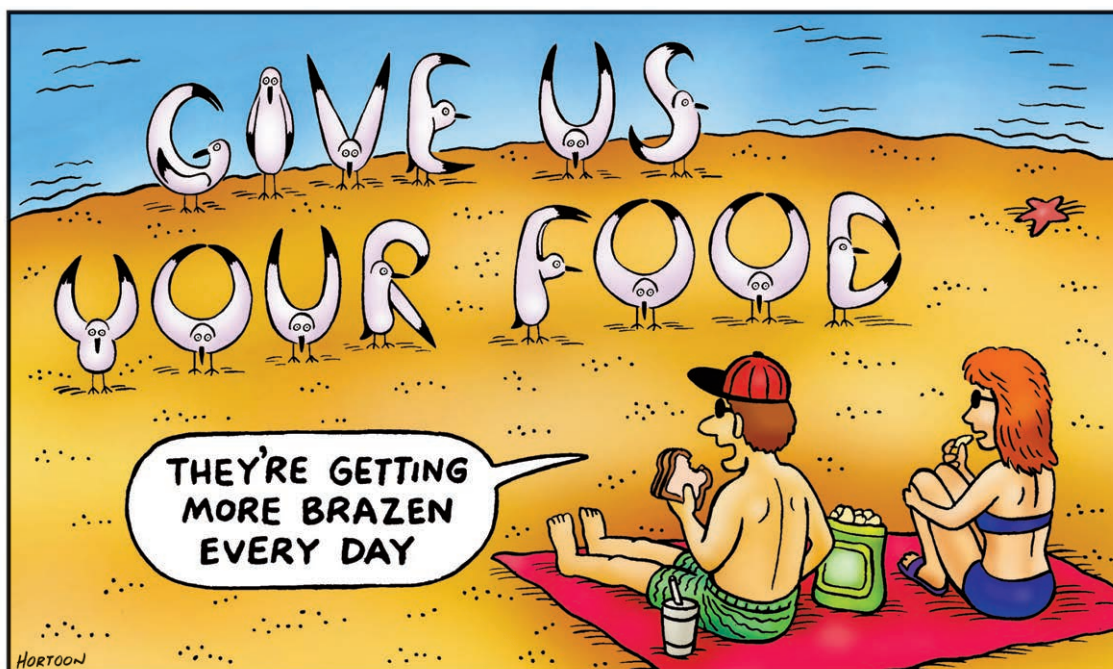
photo courtesy Fresh From Florida

**Tomato Linguini Sauté**

2 pounds ripe tomatoes  
3 cloves garlic, minced  
½ bunch fresh basil, hand torn  
(or 1 tablespoon dried)  
½ cup olive oil  
1 lemon, zested and juiced  
1 pound whole-wheat linguini  
(or your favorite pasta)  
Freshly grated Parmesan cheese  
Kosher salt to taste  
Fresh ground pepper to taste  
Wash and rinse tomatoes. Dry tomatoes, then

core and cut in half. Use a spoon to remove most of the seeds. Chop tomatoes coarsely. Add chopped tomatoes to a colander, sprinkle with a few pinches of salt and let them sit so they can release some of their water. This should only take half an hour and can be done ahead of time. Combine drained tomatoes, olive oil, lemon juice, lemon zest and garlic into a large sauté pan. Heat tomato mixture over low heat. The idea is to warm the mixture and not cook it. Cook and drain pasta according to package directions. Combine pasta and tomato mixture together in a bowl. Add fresh basil and parmesan to pasta dish. Taste for seasoning and adjust with kosher salt and fresh ground pepper. Serve warm with crusty bread or chill for later. This pasta recipe is a great way to enjoy that fresh tomato taste. May be used as a side dish or add any seafood to make it a main course. Add your favorite vegetables if desired. Remember to always season the just-cooked pasta with salt and pepper.  
Yield 4 servings.✱

## HORTOONS



## THE RIVER WEEKLY NEWS

FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

**ARTS**

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

**CLUBS & ORGANIZATIONS**

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

**AREA ATTRACTIONS**

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:  
press@riverweekly.com



PUZZLES

Answers on page 29

Super Crossword

BROADWAY OPENINGS

- ACROSS**

1 China's Mao — -tung

4 Thumb locale

8 Cries of unveiling

13 Spanish fleet

19 Post-bender headache

21 Poetry Muse

22 One-sided views

23 Old stage actress Duse

24 "Things go by so fast!"

26 "As far as I'm aware ..."

28 Brunched, e.g.

29 Kwik-E-Mart clerk

30 Writer Seton

31 Iris locale

32 Pres. advisory gp.

34 New — (Yanni, e.g.)

35 Become king after being a prince, say

43 Quirk of behavior

46 — Schwarz (toy retailer)

47 Kuwaiti royal

48 A third of IX

49 Totally up the creek

55 Semi section
- 58 Witty writer Bombeck

59 Hornswoggle

60 Actress Swenson

61 Hill's partner

62 Nose partition

65 Piece for two

67 Paid no heed

70 "We've been raking in the profit"

75 Advance markdown

77 Requirement

78 Church decrees

81 Painter of melting watches

82 Camera varieties, for short

86 Vientiane's country

88 "My Country" author Abba

89 Hole-poking tool

90 Phrase just before an act is introduced

95 Pouchlike body part

96 Incantation opener

97 River of Bern

98 Veer off course
- 99 What Thomas became, in kid-lit

107 Alone

108 See 102-Down

109 Love-letter "hugs"

110 Former toy company

114 Alley- — (court play)

115 Juicer

117 Overdoing the effort

123 Writer of the Tony-winning musical featured in this puzzle

126 Flavored with a certain spice

127 Introduced acts, e.g.

128 Lenya of "Cabaret"

129 IRS part

130 Tallies again

131 Arctic people

132 Central part of a church

133 Star site
- 5 Bristol's river

6 Pianist Peter

7 Party to a financial transaction

8 Giggled

9 Yank with a #13 jersey

10 Hip-hop bud

11 "Listen up!"

12 "— lied!"

13 Help do bad

14 Plentiful

15 Bad start?

16 Cheese in an Italian deli

17 Intensify

18 Make certain

20 Some Spanish paintings

25 Spiked staff

27 Harsh cleanser

33 "I dunno" gesture

34 Financier Onassis

36 ET ship

37 Avis rental

38 Unemotional

39 Vietnamese New Year

40 Actor Katz

41 Dusk-dawn linkup

42 Move quickly

43 Rail supports

44 Pertaining to

45 Singer Glen
- 50 Fad dance of the 1960s

51 Bro

52 Sonata, e.g.

53 Honoraria

54 Actor Scott

55 Payload area

56 Bitter brew

57 Part of B&B

61 One of Santa's reindeer

63 Old Glory's nation

64 Wire measure

66 "Sn" element

68 Sierra maker

69 Actress Peebles

71 Lark's home

72 — -confident

73 Boyfriend

74 Hound's clue

75 High-tech "appt. book"

76 Uncooked group

79 Zippo

80 Winter drifter

83 — apso

84 Pat of the Christian right

85 Ride a wave

87 Antler sporter

90 — -Mart (retail chain)

91 Unemotional

92 Greek letter

93 "Bali" —
- 94 Suffix with southeast

95 Willy

99 Worker on a housetop

100 Huge, in French

101 Camel kin

102 With 108-Across, of acceptable quality

103 Department in northern France

104 Near-eternity

105 Noodle

106 Erstwhile anesthetic

111 Spun tales

112 Floorboard sound

113 Curiously

115 Lineup 121-Down

116 REO part

118 Post-Q string

119 Himalayan legend

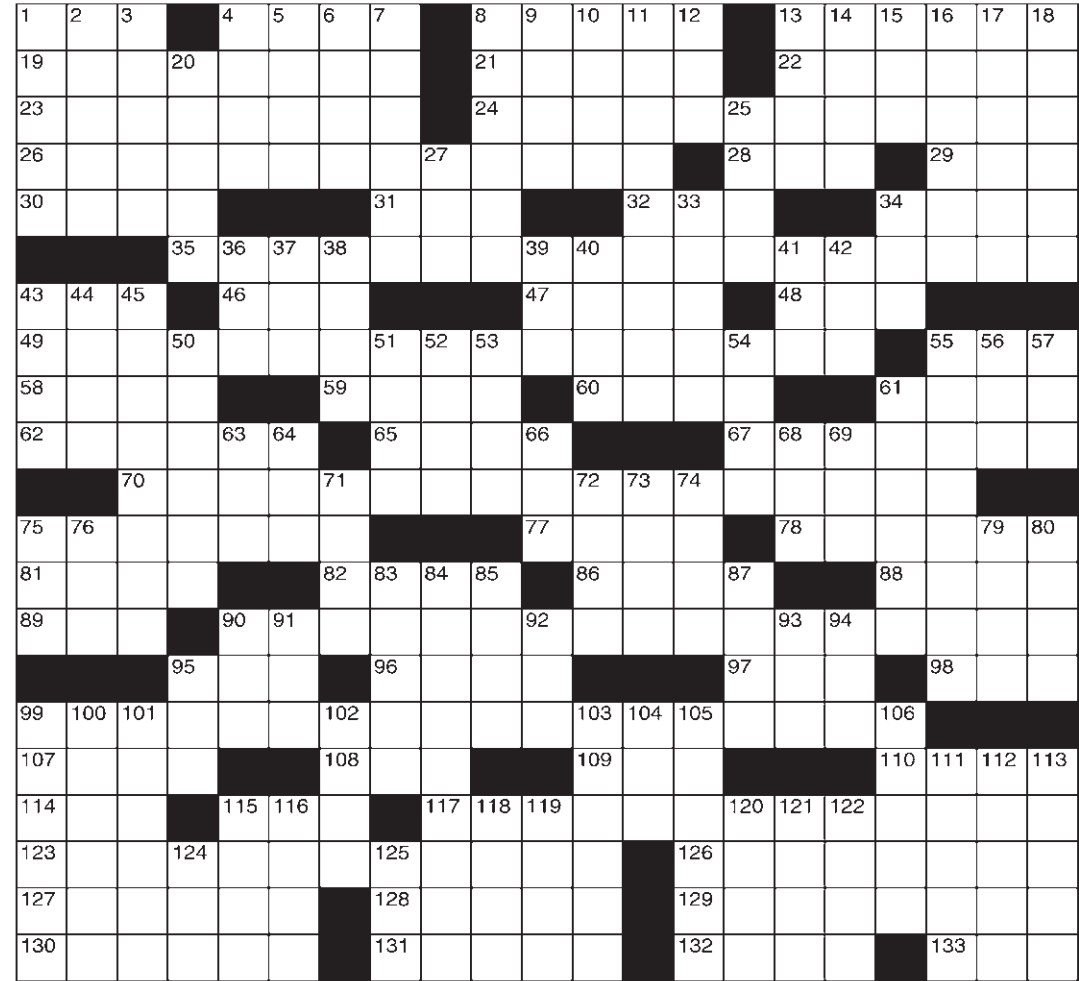
120 Funny Fey

121 Showing via the idiot box

122 Arch with a double curve

124 Composer Rorem

125 Manning of football



King Crossword

- ACROSS**

1 Speedometer stat

4 Puncturing tools

8 Into the sunset

12 Savings plan acronym

13 Biblical boatwright

14 Eastern potentate

15 Wanting company

17 One of the Jackson 5

18 Margery of nursery-rhyme fame

19 Played aloud, as a TV

21 Without a cent

24 Winter woe

25 Year, in Uruguay

26 Snitch

28 Square dance group

32 Rickey flavoring

34 Shril bark

36 Genealogy chart

37 Put forth

39 Cookie holder

41 Coffee vessel

42 U.K. flyers

44 Burns or Browning

46 Serving piece
- 50 Astronaut Grissom

51 Floater

52 Boring

56 Con

57 Culture medium

58 Scratch

59 Uncategorized (abbr.)

60 Legislations

61 Early bird?
- 6 Mary's follower

7 Ledge

8 Diving garb

9 Send forth

10 Location

11 Walked (on)

16 Corrode

20 Hearty brew

21 Hay bundle

22 Alternative to Windows

23 Rotation duration

27 — Mahal

29 Macabre

30 Frau's mate

31 Camp shelter

33 Unsteady

35 Standard
- 38 Highlander's hat

40 Astaire's frequent partner

43 Of the unborn

45 Urban transport

46 Pull an all-nighter

47 Hindu princess

48 Little salamanders

49 Latvia's capital

53 Uncooked

54 Periodical, briefly

55 Work measure

MAGIC MAZE

MAJOR HARBORS

Y N J G D A X U R P O L J G D

A X V S P N U K N E I F I C A

R X H V S A Q O B A L J A H E

C E A A S X V O T R B P B R P

N L V S J H K N Y L F R M D B

Y X A U V R O T R K P E U O M

K N N W O T E E R F O W M D I

G E A Y S C D D U L U T H B Z

X W W O U T N O T S G N I K R

Q E B O I H C A R A K A N L J

N I G F R O D A V L A S D C A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Antwerp

Boston

Duluth

Durban
- Freetown

Havana

Karachi

Kingston
- Kobe

Mumbai

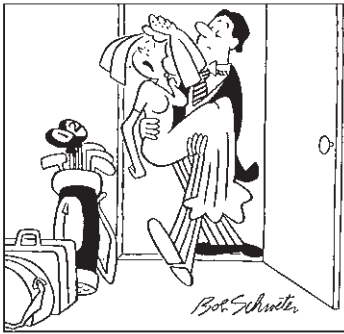
Nassau

New York
- Salvador

Tokyo

Vancouver





"Oh, no, I didn't expect the ' \_\_\_\_\_  
 \_\_\_\_\_ ' part to come so soon!"

answer on page 29

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Lush	TRIEFLE	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Affirm	WASER	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Tally	CRONEK	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Visual	CAPITOL	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

TODAY'S WORD

9			7			2		
	4				5			1
		3		1			4	
	8			5				9
		7			9	4		
3			4				2	
	5		9					3
6					8		5	
		4		3		1		

## SUDOKU

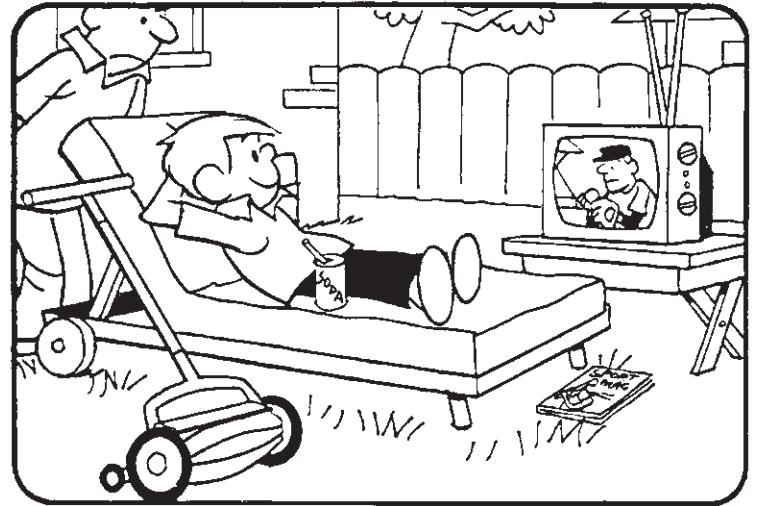
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

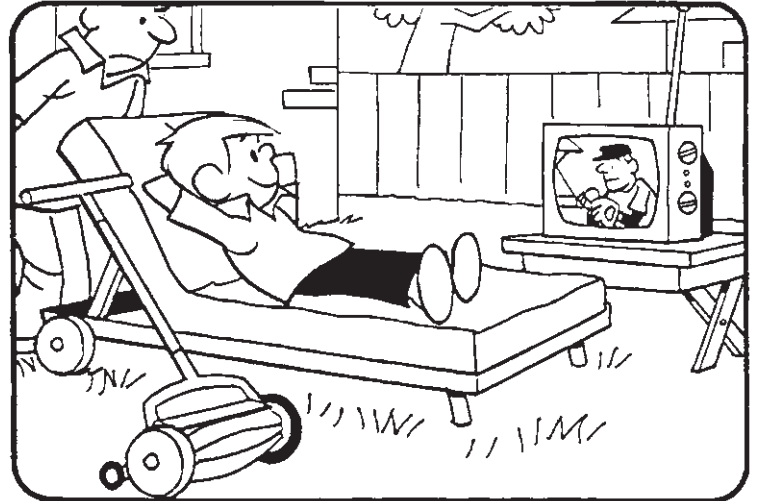
answer on page 29

## HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Arm is moved. 2. Wheel is different. 3. Can is missing. 4. Fence is different. 5. Antenna pole is missing. 6. Magazine is missing.

## Advocate For Florida's Children Revamps Image

Children's Home Society of Florida (CHS), the state's largest and most reputable provider of services to children and families, announced the launch of a new upstream-focused brand initiative to reshape the future for Florida's kids.

CHS' direction focuses on delivering solutions that empower families through encouragement, education and guidance to raise safe, strong, happy children ready to realize their full potential.

"We've been helping children and families in crisis for more than 100 years. Yet, the number of children entering – and staying in – foster care continues to grow. The demand for our services continues to increase. So we asked ourselves how we could change the trajectory of lives before crisis strikes, before families entered the child welfare system," said CHS President and CEO Michael Shaver. "The answer was simple: Work upstream to build bridges to success for these children. We can do the most good by

empowering children and their families to find and build upon their strengths, to rise above the challenges and circumstances they face, and to open doors to new opportunities."

Indeed, the challenges Florida's children face today are daunting:

- Nearly one million children (23 percent) live in extreme poverty.
- One in four will suffer abuse or neglect, making them nine times more likely to engage in criminal activity and 25 percent more likely to experience teen pregnancy.
- Twenty percent of children suffer from a mental health challenge that, left untreated, will often lead to unemployment and incarceration; more than 70 percent of youth in the juvenile justice system struggle with a mental health challenge.

"These are complex challenges that require innovative, strategic solutions," said Shaver. "We have been resolute in our determination to re-imagine the services we provide to turn these odds into opportunities for Florida's children."

Services and solutions CHS now provides to prepare children for success include:

Early education and care – We guide children to reach key developmental, social and emotional milestones and

prepare them to begin kindergarten on track, excited to learn and ready to realize their potential. Simultaneously, we empower their parents to set and achieve educational and employment goals, to create safe and healthy homes for their children, to manage stress and, ultimately, to break cycles of poverty and abuse.

Community Partnership Schools – We address the key barriers to education – violence, hunger, housing instability, illness, behavioral health struggles and more – by bringing partners together in one place to serve students. Community Partnership Schools also offer children mentoring, leadership and after-school opportunities and empower parents to take a proactive role in their children's education. This proven model is the only one of its kind in Florida.

Counseling – Counselors meet children and families where it's most convenient for them – at home, in the office or at school. CHS' counselors go where no other providers are willing to go – from extreme rural communities to high-crime neighborhoods. In addition, children who also need psychiatry services can receive near-immediate access to a board-certified adolescent psychiatrist via CHS' unique telepsychiatry partnership with UF


Health, without which, most children would wait up to six months for an appointment. And just last week, CHS launched a new telehealth component, offering face-to-face video sessions between children and counselors; CHS is the only statewide organization that provides this service.

CaseAIM: A transformational change in foster care management – Finding it unacceptable for children to spend years in foster care, CHS is addressing the root problem that contributes to such lengthy stays – turnover in case management – by changing the way the work is done. CHS developed CaseAIM in partnership with leading tech giants to modernize the case management system – the first and only organization in the country to do so.

Tech Success – A one-of-a-kind online learning platform developed by CHS that helps kids – especially those in foster care and impoverished communities – develop the skills they need to stay on pace with their peers in school and prepare them for the next stage: college, employment and careers.


Other visible components that articulate CHS' new brand initiative include an updated logo and new website. For more details, visit [www.chsfl.org](http://www.chsfl.org).




**FRIDAY**  
Mostly Cloudy  
High: 89 Low: 81


**SATURDAY**  
Mostly Cloudy  
High: 90 Low: 82

**SUNDAY**  
Mostly Cloudy  
High: 88 Low: 80

**MONDAY**  
Sunny  
High: 90 Low: 82

**TUESDAY**  
Partly Cloudy  
High: 91 Low: 83

**WEDNESDAY**  
Mostly Cloudy  
High: 87 Low: 79

**THURSDAY**  
Showers Likely  
High: 88 Low: 80

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	1:42 am	4:27 am	11:25 am	7:07 pm	Fri	12:47 am	4:29 am	10:30 am	7:09 pm	Fri	12:12 am	3:59 am	10:51 am	6:51 pm	Fri	3:52 am	7:43 am	1:35 pm	10:23 pm
Sat	2:35 am	5:20 am	12:18 pm	7:55 pm	Sat	1:40 am	5:22 am	11:23 am	7:57 pm	Sat	1:16 am	6:03 am	12:26 pm	7:52 pm	Sat	4:45 am	8:36 am	2:28 pm	11:11 pm
Sun	3:16 am	6:13 am	1:08 pm	8:38 pm	Sun	2:21 am	6:15 am	12:13 pm	8:40 pm	Sun	2:11 am	7:24 am	1:29 pm	8:47 pm	Sun	5:26 am	9:29 am	3:18 pm	11:54 pm
Mon	3:49 am	7:07 am	1:58 pm	9:18 pm	Mon	2:54 am	7:09 am	1:03 pm	9:20 pm	Mon	3:08 am	8:30 am	2:29 pm	9:36 pm	Mon	5:59 am	10:23 am	4:08 pm	None
Tue	4:18 am	8:02 am	2:47 pm	9:55 pm	Tue	3:23 am	8:04 am	1:52 pm	9:57 pm	Tue	3:59 am	9:28 am	3:33 pm	10:18 pm	Tue	6:28 am	12:34 am	4:57 pm	11:18 am
Wed	4:46 am	9:01 am	3:36 pm	10:30 pm	Wed	3:51 am	9:03 am	2:41 pm	10:32 pm	Wed	4:40 am	10:18 am	4:30 pm	10:56 pm	Wed	6:56 am	1:11 am	5:46 pm	12:17 pm
Thu	5:14 am	10:03 am	4:27 pm	11:04 pm	Thu	4:19 am	10:05 am	3:32 pm	11:06 pm	Thu	5:16 am	11:03 am	5:18 pm	11:31 pm	Thu	7:24 am	1:46 am	6:37 pm	1:19 pm

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## REAL ESTATE

### GARCIA REAL ESTATE AND CONSULTING



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Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.

\*RS 4/29 CC TFN

## COMMERCIAL RENTAL

### PRIME OFFICE SPACE

700 square feet at  
1619 Periwinkle Way.  
Immediate Occupancy.  
Call Joe Gil 516-972-2883  
or 800-592-0009.

\*RS 4/7 CC TFN

### WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom,  
Approx. 1,000 sq. feet.  
This was Molnar Electric's old office.  
Call Judy at 239-851-4073.

\*RS 8/5 CC TFN

## SEASONAL RENTAL

### RE/MAX OF THE ISLANDS

Putting owners and  
tenants together  
Call Ryan Block  
www.remax-oftheislands.com  
239-472-2311  
\*RS 1/23 BM TFN

## VACATION RENTAL

### LIGHTHOUSE REALTY

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*Million \$ Views Await You!*  
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**239-472-7277**  
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\*RS 1/4 BM TFN

## ANNUAL RENTAL

### ANNUAL RENTAL

#### SANIBEL

Updated 2BR/1 1/2 BA duplex,  
2 story, tile and carpet. UF.  
Most utilities included.  
\$2,200/mo.

This 2BR/2 BA piling home,  
Updated, large parcel,  
detached Pool. UF.  
Includes pool & yard care. \$2,500/mo.

This ground level 3/2 UF lakefront  
Pool home is on cul-de-sac,  
Walk to beach, Updated home.  
Includes pool & yard care. \$3,200/mo.

#### FT. MYERS

Property in Gated Community  
Close to Sanibel. 2BD/2BA  
UF. Condo. \$1,350/mo.

**Call to View!**  
**472-6747**

**Gulf Beach Properties, Inc.**  
Helping People Become Islanders for over 35 years!  
The Island Experience!  
\* 7/7 TFN

### ANNUAL RENTALS

Newly remodeled units in quiet  
neighborhood on river, center of the island.  
2BD/1BA, w/d \$1,800 &  
2BD/2BA w/d \$2,100  
TEXT ME: 239.728.1920  
7/7 \* TFN

## ANNUAL RENTAL

### ANNUAL RENTALS

Annual Rental in the center of the island! 2  
bdm, 2 bath. Garage/storage,  
shared screened-in pool.  
\$2,000/month.  
Text Bridgit 239.728.1920  
7/21 \* 8/11

### ADORABLE BEACH HOUSE

"Shell shocked" for rent on Sanibel,  
2 BR and 2 Bath with Florida room  
Fully furnished and utilities included  
Annual or monthly rental,  
\$3,000 per month  
Steps to Blind pass beach and Captiva  
Call Bill if interested, 630-546-3552  
7/14 \* 8/4

## SERVICES OFFERED

### SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and  
Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
scarnatolawn@aol.com  
\*RS 1/25 BM TFN

### NATURAL HOME CLEANING

Optimize your health and home  
Utilizing hydrogen peroxide, fresh citrus,  
b. soda and Suds.  
Sonya @ 239-246-7007.  
5/26 \* TFN

### ROGER NODRUFF ELECTRIC

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Aqualink - Motor Controls.  
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### JACOB'S LADDER WINDOW CLEANING

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Many other services offered  
Call Jeff @ 239-791-9273  
5/26 \* TFN

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### JERRY'S FOODS SERVERS & BARISTAS

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energetic, personable, and fun  
individuals, with open availability  
Monday through Sunday.  
If interested call and ask for  
John, Norm Sarah 472-9300.  
1700 Periwinkle Way  
\*NS 5/6 BM TFN

## LOST AND FOUND

### FOUND

Boating anchor / sand auger at Algier's  
Beach, Sanibel on Sunday, 6/25/17. Call  
361-443-1594 with description to claim.  
6/30 \* TFN

### LOST CAT

Gray, medium hair. Last seen east end of  
island, Skiff or Yachtsman Dr. Area.  
May respond to name of "Prissy."  
Reward. Call 239-277-0058.  
6/16 \* TFN

## PSA

### PUBLIC SERVICE ANNOUNCEMENT

Narconon reminds families that abuse of  
Methamphetamine has become a national  
health problem alongside the opiate  
epidemic. Learn to recognize the signs of  
Meth abuse and get your loved ones  
help if they are at risk.  
Visit <http://www.narconon-suncoast.org/blog/move-over-heroin-here-comes-meth.html> to learn about the signs and  
symptoms of Methamphetamine abuse and  
the treatment available to those  
who are already addicted.  
ADDITION SCREENINGS  
Narconon can help you take steps to  
overcome addiction in your family. Call  
today for free screenings or referrals.  
877-841-5509.  
7/21 \* TFN

To advertise  
in the  
*Island Sun*  
and/or  
*The River*  
*Weekly News*  
Call 395-1213

## BOATS - CANOES - KAYAKS

### DOCKAGE

Hourly, Daily, Weekly  
and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

## VEHICLE FOR SALE

### GOLF CART FOR SALE



Street legal, "gas" powered.  
\$7,000. 239-209-6500  
\*RS 1/20 BM TFN

### Shore Fishing:



**Don't Harm The Fish**  
by Capt. Matt Mitchell

**L**anding a big fish from  
the beach can be hard  
on the fish. Dragging  
a fish up onto the sand if  
you're going to release it is  
not an option as it usually  
damages or kills the fish.

- Hold the fish in the water  
while you unhook it if you're  
going to release it.

- The less you can touch a  
fish before release the better  
for the fish.

- If you want a picture with  
the fish, support it as you lift  
it out of the water – and do it  
quickly.

- Before releasing, revive  
the fish while holding it in the  
water; moving it slowly back  
and forth so water goes  
over its gills. The fish will let  
you know when it's ready to  
swim off.

- Florida just recently  
changed the regulations on  
fishing from shore. Florida  
residents as well as out of  
state visitors need a fishing  
license to fish from shore.

*Island Sun*  
NEWSPAPER  
Sanibel & Captiva Islands

**THE RIVER**  
WEEKLY NEWS  
FROM THE BEACHES TO DOWNTOWN FORT MYERS



PETS OF THE WEEK

Lee County Domestic Animal Services

Carson  
And Albany



Carson ID# 704886 photos provided

Carson is a 2-year-old male Labrador retriever who is an even-tempered guy that gets along well with everyone. He plays fetch and knows several commands. His laid back nature has won the hearts of many at the shelter. His tuxedo coloring will be well suited for any black tie affair. Carson's adoption fee is \$20.

Albany is a 3-month-old female domestic shorthair who is full of spunk. She will certainly keep you on your toes. She loves to run around and play with her toys. Fortunately, her new family will get to adopt another feline for free to keep her busy. Albany's adoption fee is \$40.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.



Albany ID# 703787

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*



Sadie photos provided

Haven on Earth Animal League

Sadie And  
Cammy

Hi there, I'm Sadie. I am such a sweet, mellow little girl just waiting for someone to take me home. I'm only 1 year old and I have beautiful, bright green eyes. I'm spayed and up-to-date on all vaccines. I'm currently being taken care of by a wonderful foster family. My adoption fee is \$100.



Cammy

Hello, my name is Cammy. I am a very loveable, female tortoiseshell with beautiful markings and amazing green eyes. I'm 3 years old, spayed and up-to-date on all vaccines. My adoption fee is \$100. I am currently residing with a foster family. Please adopt me so I can have a home of my own.

We are being cared for by Haven on Earth Animal League. For more information on adopting either cat, call Diane at 860-833-4472 or email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).

Pet Services  
Craft Day Friday

Lee County Domestic Animal Services and the Gulf Coast Humane Society are celebrating National Craft For Your Local Shelter Day on Friday, July 21.

Volunteers from both agencies along with children from the YMCA will be

crafting for their shelter pets from 10 a.m. to noon. This event will highlight the ongoing relationship between the two agencies as well as the importance of community involvement with the homeless pet population in Lee County.

There are countless ways that one can help a local animal shelter even if you can't adopt a pet or donate right now. One way is to get crafty!

Homemade toys and other items

can provide shelter animals with much needed stimulation, play or comfort while they wait for their forever homes. The public is invited to come out and join in the fun Friday at the Gulf Coast Humane Society, 2010 Arcadia Street, in Fort Myers.

For more information or to adopt a pet, visit [www.leelostpets.com](http://www.leelostpets.com) or [www.gulfcoasthumane.org](http://www.gulfcoasthumane.org).

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes and Bounds	Sanibel	2013	5,942	\$7,595,000	\$7,200,000	178
Turtle Walk	Fort Myers Beach	2015	2,526	\$2,100,000	\$1,600,000	596
Palmetto Point	Fort Myers	2005	4,207	\$1,495,000	\$1,430,000	160
Vittoria	Fort Myers	2008	4,205	\$1,195,000	\$1,155,000	79
Sanibel Shores	Sanibel	2014	1,968	\$1,149,000	\$1,075,000	10
Woodmont	Estero	2003	3,021	\$929,000	\$850,000	129
Town and River	Fort Myers	1968	2,270	\$860,000	\$735,000	147
Preserve at Corkscrew	Estero	2013	3,078	\$735,000	\$700,000	129
Flamingo Park	Fort Myers Beach	2012	1,722	\$695,000	\$675,000	39
Riverside	Fort Myers	1960	2,858	\$668,800	\$649,000	100



# WOW! Save an Additional 20% Off

Just come to Shopper Services by the Children's Playground and mention this ad to automatically receive coupons worth an additional 20% Off Your Favorite Designers.

A stack of Sanibel Outlets coupons is shown, fanned out. The top coupon features a photograph of three women wearing hats and sunglasses, carrying Sanibel Outlets shopping bags. Above the photo, the text "SANIBEL OUTLETS" is written in a stylized font. Below the photo, a dark banner reads "EXTRA SUMMER SAVINGS FROM YOUR FAVORITE BRANDS!". Underneath the banner, the Sanibel Outlets logo is followed by "20% OFF ANY SINGLE ITEM". To the right of the discount is a vertical box labeled "PLEASE ENTER YOUR ZIP CODE". At the bottom of the coupon, there is a small block of text detailing the offer's validity and terms. The stack of coupons is set against a background of a stone wall.

# SANIBEL OUTLETS

2 miles before the Sanibel Causeway • 5 miles from Ft Myers Beach • 20 minutes off I-75  
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